

SAVING FOR A RAINY DAY... Bank of Belle Glade Representative June Mikell shows 10-year-old Jennifer Cooper, a student at Gove Elementary, her savings account balance after she makes a deposit recently.



THE PALM BEACH COUNTY SHERIFF'S OFFICE, which started Glades Food for Families, held an appreciation luncheon at the Drawbridge Cafe on Oct. 23. Some of those honored are shown above. Seated, from left to right are: Emma Fincannon, Antoinette Russell, Jeanette Dexter, Eugenia Jones and Eileen Silber. Second row, from left are: Mike Fincannon, C.D. Foster, Vanessa Richardson, Dortha Collier, Lt. Harper, Capt. Ed Gray, Father John Mericante and Bennie Mervin. Back row, from left are: Sgt. Sprague, Dolly Hand, Homer Hand, and Sandra Petty.

Pahokee Chamber Member Spotlight

By Maria Mills

This familiar building has not always been just a hardware store. When it was built as Jones Hardware around 1955 by Mr. Elmer Jones, it was also a drug store. In the latter part of 1958, Mr. Herman Hendrix bought the business and it became Hendrix Hardware. It was operated as a family business by Herman and Marie Hendrix for 29 years. In 1968, Jack Herrick, who owned the Pahokee Prescription Shop at the time, moved to the corner of Bacom Point and Lake and the hardware store occupied the entire building.

When Mr. Hendrix retired in 1987, brother and sister Byron Hatton and Lori Hatton Abner became partners in the business in December of that year. The store was renamed B & L Ace Hardware and operated until January 1992, when Bill Bryant, Jr. bought it. It was then renamed Bryant Ace

Bryant Ace Hardware
179 Bacom Point Road
Pahokee, FL 33476
(861) 924-5501

Hardware. Mr. and Mrs. Bryant, Jr. have two children and live in West Palm Beach but are no strangers to Pahokee. Bill worked with his Dad for many years in the operation of their Biff Burger and Dixie Fried Chicken stores and feels right at home with the Glades folks.

Born in Tampa, Bill and his family moved several times during his childhood as a result of his father being in the military. When his father retired in 1964 the family settled in West Palm Beach. He attended high school at Forest Hill High and traveled west with his Dad to work. But the down home feeling of the Glades attracted Bill and he is today our "helpful hardware man."

St. Mary's to hold International Food Fair

St. Mary Catholic Church will hold their annual International Food Fair on Sunday, Nov. 16, from 11 a.m. to 3 p.m. Foods from the Philippines,

Cuba, Mexico, the Canary Islands, Nicaragua, Costa Rica and Guatemala will be on hand for everyone to enjoy.

Prices for the various dinners vary so 25 cent tickets will be on sale at the food fair.

The proceeds from the food fair will go to the St. Mary Altar Society. Also, look for St. Mary Catholic Church at the Grassy Waters Festival and Car Show for another helping of international cuisine.

Good Shepherd to hold bazaar

The Good Shepherd Church of God will be holding a bazaar and salad luncheon on Sunday, Nov. 15 from 9 a.m. to 2 p.m.

Lunch will be served from 11 a.m. to 1 p.m.

There will be pecans for sale just in time for Christmas baking.

For more information call Lynn Britt, 924-7144 at work or 924-2878 at home.

The Glades GreenMarket is looking for more vendors

The Glades GreenMarket Committee is seeking vendors for their Saturday GreenMarket, which will be held in front of the old Glades Central Community High School building on West Canal Street.

Especially sought for the market are additional Glades vendors selling local produce. The Greenmarket is open from 8 a.m. to noon and features Glades made arts and crafts, locally grown flowers and plants and Glades produce.

For an application or for additional information, call Glades Community Development Center at 992-9500.

New business in Pahokee

June and Tommy Tillis of Pahokee are starting a new business. It's Southern Spring Water Company, distributor of Afon Natural Spring Water. It's delivered right to your door from half liter bottles, to 5 gallon bottles, to water cooler rent and even a decorative dispenser rental is available.

Call them at 924-7204 for additional information.

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36

El Nino takes the rap

By Mike Lyons

School teachers, police officers and mothers hear all the time. "The dog ate my homework." "I didn't see that stop sign, officer." "Mom, I just forgot to clean up my room."

These are excuses, attempted explanations to justify some kind of action. We hear them all the time in life and now we are about to hear a new excuse to explain changes in the weather.

Of course, weather forecasters have always had an abundance of excuses to explain a blown forecast. Despite our use of computers, Doppler radar's and satellites, weather forecasting remains an inexact science.

Mistakes are made so excuses must be offered. The usual explanation for that sunny forecast suddenly turning cloudy and wet is a lack of information. The forecast, the saying goes, is only as good as the information used to formulate it.

One veteran weather forecaster once told me that predicting the weather is a lot like playing a baseball game. "Sometimes you win, sometimes you lose," he said. "And, sometimes it rains." In other words, sometimes we have no idea why the weather didn't turn out the way it was supposed to.

Another seasoned forecaster, who apparently had his share of weather boo-boos, once told



Mike Lyons

me that only a "fool would try to forecast the weather in Florida." Well, I've felt foolish on more than one occasion and I've used my share of excuses to explain my errors.

Now, meteorologists from coast to coast have reason to rejoice, because we all have a brand new excuse to cover our blunders. It is the El Nino - the mother of all excuses.

The El Nino is the name given for the warming of the equatorial waters off the coast of Peru. Every 3 to 5 years, for reasons science still can't explain, the waters get very warm. This year's episode is huge - the warm waters cover an area 1 1/2 times the size of the United States.

This large area of warmer-than-normal water creates unusual weather patterns around the world. This year's El Nino, for example, is being blamed for drought in Indonesia, Australia and Africa, stronger than normal hurricanes in the eastern Pacific

and flooding in South America.

It is also predicted to have a big impact on weather in the United States - California is expecting more storms, the Northeast should receive less snow and, in Florida, it may be a wetter than normal dry season.

"It means that the possibility of severe weather is quite real during this coming winter and spring," said Jim Lushine, a meteorologist with the National Weather Service in Miami.

"We could get some very large low pressure areas that could form tornadoes and severe thunderstorms."

Then again, maybe we won't. Researchers admit they really don't know what this El Nino will do to the climate during the coming months. "The El Nino is probably going to cause certain things," said Lushine. "But, as to when and exactly where and to what degree we can't be sure."

Yet, anytime the weather turns wacky or unusual, you can be sure that someone will blame that quirk in the weather on the El Nino.

It is a phrase you will hear often during the coming months, it is an excuse meteorologists will use to justify the wild weather.

And, why not? It is certainly more original than "the dog ate my homework."



PBCC's Spotlight on the "Fabulous" Glades Campus

Five Guys Named Moe comes to the Dolly Hand Cultural Arts Center

Five Guys Named Moe is heading to south Florida, so get in line - the conga line, that is - for tickets to see it at the Dolly Hand Cultural Arts Center on the "Fabulous" Glades Campus of Palm Beach Community College! You read right: a conga line. Once you feel the irresistible strains of "Push Ka Pi Shi Pie" grab you, you'll know exactly why this is the show that actually gets you out of your seat, into the aisles and onto the beat in an audience-wide, rug-cutting, stuff-strutting, knees-up show-down of a stomp!

Five Guys Named Moe introduces you to the lovelorn Nomax and the magically appearing Big Moe, Four-Eyed Moe, No Moe, Eat Moe and Little Moe. And when that Moe-quintet is finished with him, Nomax can look the blue in the face and tell them, *never Moe!*

Featuring the music of jazz composer/singer/saxophonist



The Ugly Duckling

Louis Jordan, *Five Guys Named Moe* won a Best Musical Tony Award nomination and an Oliver Award in London for Outstanding Entertainment of the Year. This non-stop rumble of a show will be presented at the Dolly Hand Cultural Arts Center on

Monday, November 17, at 7:30 p.m.
Saturday, November 15, at 7:30 p.m. For ticket information, call the box office at 561-992-6160.

Also coming soon:
The Ugly Duckling will be performed at the Dolly Hand Cultural Arts Center on Monday, November 17, at 7:30 p.m.



P.E.P.P.I. HEAD START held a Volunteer Appreciation Luncheon, on Wednesday, October 29. Below, pictured from left to right, recipients are shown: (seated) Katie Bostic, Maritza E. Samuel, M.D., Elizabeth Hernandez, Sophia Stewart, Celina Elrod, Barbara Edwards, Linda Warren, Connell Fitzpatrick, (2nd row) Maggie Hodges, Elzer-Botke, Earlyne Harrell, Alphonso Royal, Melva Webb, Ida Mann, William Van Hassel, Marylou Powers, Lethia Allen; (3rd row) Carla Hills, Henry Fuse, Everett McPherson, Ray Smith, Terrence Downing, Dennis Knabb and Tequesta Hill. Patty S. Bullock, not shown, was also a recipient. Above, P.E.P.P.I. Head Start children are shown performing for attendees at the luncheon.



Five Guys Named Moe



ECMHSP is now accepting applications for Family Service Specialist - working with families in a Migrant Head Start setting. Person will be working with a case-load of families, assisting them with accessing health and social services, working with community agencies. Qualifications: Preferred-RN, LPN, or Family Associate Credential, Bi-lingual and one year experience working with pre-school children, Acceptable-Equivalent combination of experience and a HS Diploma/GED. Closing Date: November 20, 1997.

Applications can be picked up at Early Head Start 1140 N.E. 18th Street, Belle Glade, FL 33430. This is a seasonal position.

Green Tips

Fact

In June, 1997, American consumption of gasoline was the highest ever for that month, up 30 billion gallons per day or 15% from 1992. May was also a record.

Tip

Drive efficiently. Don't tailgate. Avoid jackrabbit starts and slow down gently. Save the quick starts and quick braking for emergencies. Car pool, if possible.

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OPINION PAGE

Feel strongly about local issues?

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996-6636

To voice your opinion on any subject, call Speak Out at 996-6636, 24 hours a day. Readers can use this special number to pose questions, voice complaints, express opinions or put somebody on the back. Unlike letters to the editor, Speak Out is designed for anonymous expression of opinions. We edit calls for clarity, brevity, relevance and fairness.

Dumb idea

"I'm writing concerning the newly paved road behind the bowling alley. They have a stop sign down at the turn going to US 27. No one ever stops for it. Dumb city's idea, they say.

I go to work down that road at 5:15 a.m. every morning. I've been stopping for the stop sign, but not any more. Two times now I almost got rear ended. People are used to slowing down and going around the turn. A car had to get in another lane to stop from hitting me.

Coming home around 7 p.m. the truck cranks are out and they never stop for the stop sign, and I'm not either. Someone is going to really get hurt.

Dumb idea. A caution light would be okay."

Editor's note: That road is a county, not a city road. There have been many accidents at that turn because people did not slow down and went into the canal at that sharp curve. I'm sure the county was trying to slow people down and save lives. If it's not working, then the county needs to look at it again.

We received a Speak Out from a student concerning an issue she has with a school principal. Personal attacks or criticism of individuals are not appropriate in Speak Out. We did relay this caller's concern to the principal. This principal said she would welcome a chance to speak with the student one-on-one about her concerns.

Thanks to residents who supported project

The sponsors of the Glades citizen Villas Project Safe Halloween Committee (Teresa Young Calloway and Valerie Hoskins Young) would like to thank all residents who participated in this year's Halloween activities. Because of extraordinary efforts from members of our neighborhood volunteer team leaders, we were able to attain our goal of making Halloween fun and safe for everyone.

We are also asking for your continued support in various community affairs in the near future. Help us to make Citizen Villas "One Neighborhood within our Community Making a Difference."

Sincerely,
Teresa Young Calloway and Valerie Hoskins Young

Corrections officials tout successful initiatives

Eugene Morris
Florida Department of Corrections

"If you're thinking of committing a crime in Florida, think again because all you can expect will be longer prison sentences and plenty of hard work.

Since 1990, percentage of sentence served by Florida-prison inmates has doubled, from 33.1 percent to 71.2 percent. And the Florida Legislature has ensured that inmates who commit their crime on or after October 1, 1995, will serve a minimum of 85 percent of their sentences.

"What we're seeing right now are the results of a very far reaching vision from Governor Chiles and the Florida Legislature," said Corrections Secretary Harry K. Singletary Jr. "We're sending a message to the people of Florida that we're serious about making Florida a safer place to live."

In 1990, Florida prison inmates were serving an average of 33.1 percent of their sentences. In June 1997, all inmates served an average of 71.2 percent of their sentences.

Singletary announced the department would begin releasing a monthly report to show how inmates are faring in the quest to serve 85 per-

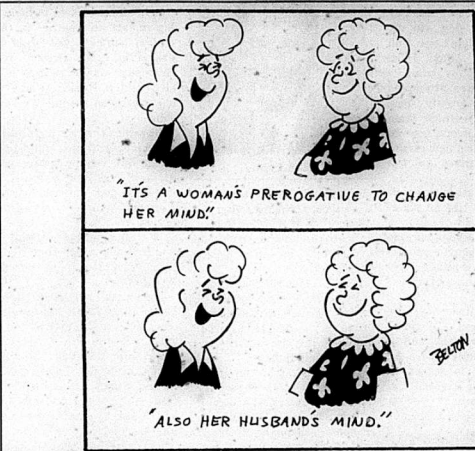
cent of their sentences. The department decided to release the sentence information as part of a public education campaign, he said, because a recent survey of the public and media indicated that a few Floridians believe inmates are serving a majority of their sentences.

"No matter how you look at the numbers, our inmates are serving more of their sentences behind bars," he said. "That's a powerful message we need to tell the public."

And while behind bars, those inmates are working. During 1995-96, inmate work squads assigned to cities, counties, and communities, provided a total value added and cost savings in excess of \$21 million to the state of Florida.

Contrary to the common perceptions of Florida's punishment practices for serious criminals, another new corrections study indicates that Florida has transformed its punishment from one of leniency and ambiguity to one of severity and certainty.

Data from this report, "Changes in Florida's Punishment System: The Prison Bed Impact and Cost of Getting Tough," as well as information on the 85 percent law can be found on the Internet at: <http://www.dos.state.fl.us/correc-tions>.



Letters to the Editor

Pick it up!

To some of the citizens of Pahokee:

Remember, this is our world. Just because you live in it doesn't give you the right to destroy it. Each and every day you throw your trash down. It is not ours, it is yours. There is a litter law. Get caught and you will pay a fine.

"We need citizen's help in our efforts to protect the environment in our city, state, county, waterways, parks and highways. Florida spends billions of dollars each year cleaning up trash. We could use this money for a great many worthy causes, not for picking up litter. Don't you agree?"

Please, won't you help? If you see litter, pick it up. If it is yours, place it in a trash can. The members of the Pahokee Garden Club would like to challenge all residents, businesses, schools, churches and other organizations to help us with this effort to keep our city clean. May we count on you?

We want to take pride in our city so visitors will want to enjoy the things we have to offer and make this their home too. We can make a difference if we all work together.

Thank you for your support.

Pahokee Garden Club
Shirlee Ingram, President

Thanks for the good news

Dear Editor:

Thank you for including the article on my father in this week's edition of *The Sun*. I am happy to see something positive written about the Belle Glade Little League Football Association. My father has always been a devoted husband, father and grandfather. Along with the other coaches in the league, he takes his involvement seriously. If these boys don't have some form of recreation to occupy their free time, what will they resort to? This is my son's

first year in the league and he is looking forward to the years to come. I am happy to have this junior football organization for my sons, and for all the boys in our community. We often tend to place emphasis on negative aspects of this or that because it draws more attention. However, the L.L. Football League needs to be recognized for its positive influence on the lives of the children involved. Every coach volunteers their time and effort and should be commended for it. The referees and the team coaches are involved because they want to make a difference, not simply because they have a child on the team. Several of the men involved don't even have children involved in the league. This is true devotion and these coaches and referees need to be publically thanked for their efforts.

I hope this letter will draw a bit of positive attention to the league. The false accusations of racial discrimination along with the cheerleading controversy that have been the topic of discussion for the last couple of weeks, simply does not represent the true image the league has developed over a number of years. It has developed its good reputation because of the hard working individuals who volunteer their time - whether it is for football, cheerleading, or refreshments. The league has kept kids off the streets for many years and it's a good organization. It has rules, regulations and deadlines which must be followed. We all need to work together and follow these guidelines, and remember, the kids come first. They need good role models.

We need to be careful and focus our attention on the good, not the bad. We shouldn't let a few bad apples spoil the rest of the bunch.

Sincerely,

Lisa Goodson Hughes
Belle Glade

Tie the knot, it's good for your health

By Mark W. Merrill
Florida Family Council

Princess Diana was asked after her separation from Prince Charles what effect their marital relationship had on her. "More than I will probably ever know," she responded. Marriage is that way for many of us. It matters more than you can imagine. Marriage and divorce can and do influence every aspect of our lives - emotional stability, physical health and even outlook on life.

Although marriage has been around as long as man and woman, historians trace the earliest known written marriage contracts to Sumeria, around 2000 B.C. These marriages established "a pattern which was until very recently observable in most parts of the world," says history Professor J.M. Roberts at Oxford University. The leaders of Sumeria encouraged the spread of this new institution because they found it gave them better-motivated soldiers and civil servants and promoted social stability.

In modern-day America we see the same fruits of marriage. Dr. Robert H. Combs, professor of Biobehavioral Sciences at UCLA, has reviewed more than 130 published empirical studies measuring how marital status affects personal well-being. He concluded that the scientific investigations "attest that married people live longer and generally are more emotionally and physically healthy than the unmarried." How can this be?

Well, for example, a recent study in the *Social Science Quarterly* found that of all the variables analyzed, divorce had the strongest relationship to the suicide rate and marriage the weakest. (Never-married adults came out in the middle.) The Centers for Disease Control in an article published in the *American Journal of Public Health* found married people three times less likely to commit suicide than those who had

been divorced, and half as likely as those who had never been married.

But the power of marriage goes beyond psychological health. It actually enhances physical health. Linda Wait, and eminent social demographer at the University of Chicago, came to some startling conclusions in an extensive 1995 study. She found that a married man with heart disease can be expected to live, on average, 1,400 days longer than an unmarried man with a healthy heart. This longer life expectancy was even more pronounced for the married man who has cancer or is 20 pounds overweight as compared to his healthy unmarried counterpart. Professor Harold Morowitz of Yale University came to a similar conclusion. He found that "being divorced and a nonsmoker is slightly less dangerous than smoking a pack-a-day and staying married." When asked what this means in real life, he jokingly said, "If a man's marriage is driving him to heavy smoking, he has a delicate statistical decision to make."

Disease also seems to curiously stay away more from married people. Walter Gove of Vanderbilt University found that divorced men were 9.27 times more likely to die from a disease than their married counterparts, while divorced women were 3.1 times more likely than married women.

If good mental and physical health is not enough, consider this: Contrary to the Hugh Hefner philosophy, studies show that married people are generally more sexually satisfied than singles or those divorced. (Maybe Hugh figured this out. Remember, he got married a few years back.) Edward Laumann, John Gagnon and others, in their major 1994 study *The Social Organization of Sexuality* published by the University of Chicago, found that of all sexually active people, the group with the highest

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THE SUN

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- ✓ To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- ✓ To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- ✓ To correct our errors, and to give each correction the prominence it deserves.
- ✓ To provide a right to reply to those about whom we write.
- ✓ To treat people with courtesy, respect and compassion.



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FRESH GLADES PRODUCE can now be purchased at Towell's Farmers Market in the packinghouse district of Belle Glade. The market is located on 9th Street and has been open for three weeks. The market is open 9 a.m. to 7 p.m. Monday through Saturday and from noon to 3 p.m. on Sundays. Shown above is employee Frank Towell, nephew of owner Ray Towell.



HELP IS JUST A PHONE CALL AWAY....South Bay residents may notice that the police department is now closed in the evenings. The cost-saving measure has been in place for several weeks. Residents who come to the department seeking help can use the telephone which puts them directly in touch with the Palm Beach County Sheriff's Department, Belle Glade substation. Sgt. Mike Madden stands by the phone box.

Pahokee Police Dept. arrest blotter

The Pahokee Police Department made 4 arrests or issued warrants the week of October 27-November 2. Those included:

October 27- Elijah Simmons, 23, warrant for failure to appear on charges of loitering and prowling.

October 28- Traffic arrests only.

October 29 - Juvenile, 16, robbery; Robert K. Kilner, 23, warrant for failure to appear.

October 30 - Traffic arrests only.

October 31- Traffic arrests only.

November 1- Vincent Davis, 29, domestic battery, and false imprisonment of a child under 13.

November 2- Traffic arrests only.

South Bay Police Dept. arrest blotter

The South Bay Police Department made six arrests the week of October 27-November 2. Those arrested included:

October 28 - Antwon Lamar Perry, 20, domestic battery and violation of probation for resisting arrest.

October 29 - Timothy Wright, 43, trespassing after warning; Cher-Yen Desauguste, 20, retail theft.

October 30 - Juvenile, 17, retail theft.

October 31 - Juvenile, 16, battery.

November 1 - No arrests made.

November 2 - No arrests made.

Belle Glade Police Dept. arrest blotter

The Belle Glade Police Department handled 674 complaints and worked 16 crime scenes the week of October 27-November 2. Those arrested included:

October 27- No arrests made.

October 28- Emanuel Bleanine, 21, stalking; Cornelius Jones, 21, opposing and obstructing a law enforcement officer; Edwin Dennard, 35, loitering and prowling.

October 29- Jorge Cota, 20, possession of alcohol by a person under 21; Greg Ashley, 29, burglary; Willie James

Mathis, 42, violation of probation; Rodney Wilberson, 18, retail theft; Jesse Franklin, 40, carrying a concealed weapon; Winston Thompson, 41, resisting arrest without violence.

October 30- Ricky Albritton, 43, contempt of court; Margie Marie Pena, 45, domestic assault.

October 31 - Valerie Robinson, 38, aggravated battery; William Kendall, 54, aggravated battery; Juvenile, 17, disorderly conduct; Juvenile, 17, disorderly conduct.

November 1 - Frankie Rolfe, 18, possession of alcohol by a person under 21.

November 2 - Allen Madison, 26, domestic battery; Terrence Johnson, 22, attempted grand theft auto; Freddie Ford, 25, domestic battery.

The police news in this newspaper lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

Marriage...Continued from Page 4

percentage reporting being "extremely" or "very" satisfied with the amount of physical pleasure and emotional satisfaction they received from their partner were the faithfully married respondents. In another comprehensive study, Sex in America: A Definitive Survey, the scholars concluded by saying: "In real life, the unheralded, seldom discussed world of married sex is actually the one that satisfies people the most."

Given how important marriage can be for individual fulfillment and society overall, we were curious to find just how important marriage was to Floridians. So Florida Family Council commissioned Wirthlin Worldwide, a well-respected research company, to conduct a survey. They surveyed more than 700 adults from across the state. And while the survey found citizens of the Sunshine State optimistic about their

own marital situation, they were concerned about the health of this important institution.

Ninety percent of Floridians expect to be married for life. They say the key to a strong marriage is good communication, lifelong commitment and fidelity. Of those currently or previously married, 80 percent say that if they had to do it all over again they would marry the same person. This despite the fact that 86 percent acknowledge that they quarrel, at least sometimes, with their spouse.

However, two out of three Floridians believe the institution of marriage is weaker now than it was 30 years ago. And Floridians apparently believe so firmly that marriage needs to be strengthened, that a majority are willing to consider public policy changes. Seventy-eight percent believe mandatory pre-divorce counseling

would be effective in strengthening marriage, while 72 percent believe a longer waiting period would effectively strengthen the institution of marriage.

We all have an interest in strong marriage. This institution is not just a lifestyle, it can be a life determinant, it strongly influences your mental and physical health.

So if you are in a good marriage, celebrate it. If your marriage is in trouble, try to save it. And if you're not married, consider it when the opportunity comes. Marriage matters in every aspect of your life in more ways than you can imagine.

Mark W. Merrill is president of Florida Family Council, a statewide, non-profit research and education organization dedicated to strengthening the family.

Statewide volunteer program to be launched on Make A Difference Day

The PACE Center for Girls, Inc. in Belle Glade mobilized over 350 volunteers throughout Florida on Saturday, Oct. 25 for PACE's Make A Difference Day.

They joined one million Americans in thousands of communities across the country who spent that Saturday engaged in volunteer projects. Make A Difference Day is the official kick-off of the Barnett/PACE Volunteer Initiative, a statewide volunteer program.

From 9 a.m. to noon the board, staff and students of the Glades rolled up their sleeves to beautify their own center. This gave the girls pride in and ownership of one of their most important surroundings, their school. PACE Glades is located at 601 West Canal Street in Belle Glade.

"Make A Difference Day mirrors the philosophy of the Barnett/PACE Volunteer Initiative," said Kristie K. Naines, state volunteer coordinator for PACE.

"The Barnett/PACE Volunteer Initiative and Make A Difference Day reflect Barnett's commitment to improve the well being of our communities through our focus on programs that improve kindergarten through 12th grade public education and addresses the needs of at-risk youth," said Roseanne Durna, Barnett's director of Community Vision Initiatives and president of the Barnett Community Foundation.

Make A Difference Day was created in 1992 by USA Weekend and magazine, in partnership with the Points of Life Foundation, as a national day of service. Over the past seven years, millions of Americans have observed Make A Difference Day by getting involved in a wide range of service projects such as cleaning neighborhoods, feeding the homeless, and renovating schools.

PACE Center for Girls, Inc. is an accredited alternative education and social services program that serves at-risk

teenage girls and their families.

PACE is present in 12 of Florida's cities and is scheduled to expand to four more by June 1998. PACE Center for

Girls, Inc.'s participation in Make A Difference Day and its volunteer initiative are made possible by a grant from Barnett Bank, Inc. and the support of its affiliates.

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Strike up the band !!

In November, the City of Pahokee will celebrate its 75th anniversary. The Sun would like to invite Pahokee businesses to share their anniversaries, too.

For details, call Yvonne at 996-4404.

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HEALTH WATCH

Optimism versus pessimism

By Paula Swaford, RN

I can vividly remember sitting in Home Economics class my junior year in high school and enduring a "sour lemon" session the teacher decided to conduct. A girl in my class told me that I looked at the world through "rose-colored glasses." This was shocking to me and the first time I can remember hearing that particular phrase. So what if I looked on the bright side of things, so what if I looked for the best in people (till they proved me wrong), what I wanted to know was what was wrong with being an optimist?

It has been proven that optimists fare better than pessimists in almost every aspect of life, often achieving more

and enjoying greater social success. Optimistic people are also less susceptible to depression and physical ill. A psychology professor from the University of Pennsylvania said that "There's evidence that optimism bolsters the immune system." Psychologists believe optimism and pessimism are habits we learn as children, and our parents are our role models. Optimism is a habitual way of explaining setbacks to yourself. Here's how it works: The pessimist believes bad events stem from permanent conditions ("I failed the math quiz because I don't have a head for numbers") and good events from temporary ones ("My husband brought me flowers because he had a good day



Paula Swaford, RN

at work").

The optimist, however, attributes failure to temporary causes ("I failed the test because I didn't pay attention") and favorable situations to enduring causes ("He brought me flowers because he loves me").

So how do we combat nega-

tive thoughts and stop being worriers and pessimists? Think of failure the result of a faulty strategy, not some character flaw you might have. Then, instead of feeling helpless, you can take action. For instance, if you are late for work, rather than berating yourself, keep your self-appraisal accurate. Try to remember when you were last late, and why. Imagine the worst case scenario; the boss may scowl at you or you may be "written up" for excessive tardiness if it happens too frequently, but you probably won't be fired for it. Finally, look for a solution. Work through your lunch, or leave the house ten minutes earlier to allow for unforeseen delays.

In experiments, people who imagine themselves succeeding, out perform those who expect to fail. Acknowledge past successes. Analyze the good things that happen to you as a result of your own efforts. Give yourself a pat on the back for jobs that you do well. All of us have specific talents and abilities, and too often we don't give ourselves our "just applause" that we are due. Taking pride in your accomplishments builds a sense of self-worth. It's important to set reachable, attainable goals, that are widely chosen and "belong" to you.

When he was very young, the famous college football coach, John Wooden, wrote a list of 107 things he wanted to do in

his life before he died. So far he has attained 86 of them. He did this by setting specific goals and breaking them down into smaller ones to keep from becoming discouraged at the larger task ahead.

With each goal you achieve, you will see progress. You'll feel energized and excited about what's to come. That's the mark and the power of being an optimist. So if you "see the glass as half full rather than half empty" be grateful...in the long run, your life will be less stressful, and generally more hopeful than that of your friend, the pessimist.

Lower back pain rehab in the '90s

By Carmen Wells, PT, MBA

Research has shown that 80% of the population will suffer low back pain (LBP) at some time in their lives. Even though this problem is largely self-limiting, 90% of LBP is recurrent, often with worsening symptoms. Because of the multidimensional facets of LBP and the difficulty identifying the specific causes, this remains one of the more frustrating problems health care professionals face.

In the past several years, physical therapists have begun using an approach developed by Robin McKenzie, an internationally known physiotherapist from New Zealand, for the

treatment of patients with mechanical LBP and have been pleased with the results. The basic principle of this approach is that lumbar motion can increase or decrease the extent of a patient's problem.

During the evaluation, the patient is guided through a series of predetermined, repeated, end range spinal movements. As this is completed, the patient's assessment of his/her most distal symptoms are closely monitored. Motions which reduce and centralize the most distal symptoms are seen as beneficial, while those which increase distal symptoms are detrimental. Once the correct direction of lumbar

motion is determined, the patient is instructed in a program which concentrates on this activity. Equal emphasis is placed on avoiding positions which peripheralize symptoms by modifying seating, standing, and laying posture, as well as correcting general posture and body mechanics.

This treatment program is guided by patient response to position and motion. Therefore the patient remains actively involved in his/her care. Rather than relying on the health care provider to "do something to take the pain away", the responsibility for daily care is placed back onto the patient. Continual therapy is then

needed to review, adjust and progress this program.

In his system, McKenzie avoids placing labels on the problem based on the injured area. Instead, he divides back problems into 3 syndromes based on the patient's response to the evaluation. In the **postural syndrome**, local and central pain is brought on by mechanical deformation of soft tissue. This occurs when spinal segments are subjected to prolonged end range static loading. This problem is not brought on by motion and is intermittent.

With the **dysfunction syndrome**, local back pain is noted immediately at end range of

motion, rather than during motion. The soft tissue in the spinal segments have lost elasticity and motion due either to long-term, poor postural habits or contracture of scar tissue following trauma.

In the **derangement syndrome**, pain is usually of sudden onset and often occurs insidiously. Symptoms may be felt locally and may radiate and be referred distally in the form of paresthesia, pain or numbness. These symptoms may be changed in location or intensity by performance of certain motions. When this occurs, disc pathology is suspected.

The treatment of LBP continues to evolve. I am pleased with

the recent emphasis placed on

active patient involvement and the decreased reliance on passive modalities. The McKenzie program strives to do this with a patient-specific, active approach. This is not the panacea for all back problems, but it is a valuable tool to be used in the treatment of this debilitating problem.



November is National Diabetes Month

What to Know Head to Toe



- Diabetes can lead to vision loss or even blindness. To avoid eye problems:
- Keep your blood sugar under good control.
 - Bring high blood pressure down.
 - Get a dilated eye exam by an eye doctor every year.
 - See your eye doctor if:
 - Your vision is blurry.
 - You see double. Stop car, stop or discontinue.
 - One or both eyes hurt.
 - You get frequent spots in your eye.
 - You don't see things the same way you used to.
 - You have trouble reading.
 - If you have vision problems, ask your eye doctor for a low vision evaluation.



- Diabetes can lead to infection, gangrene, and possibly amputation in feet as well as ulcers and sores.
- Take good foot care:
 - Keep your feet healthy.
 - Keep your blood sugar under good control.
 - Take off your shoes and socks and ask your doctor to check your feet at each visit.
 - Wash your feet every day. Dry them, even between toes.
 - Check daily for cuts, blisters, redness, and swelling.
 - Wear shoes that fit well. Ask a doctor or a podiatrist, a doctor who specializes in foot care, for advice on proper shoes.
 - Cut your nails straight across and file the edges.
 - Don't smoke.
 - Shave our your shins before putting them on.

For diabetes information, call 1-800-DIABETES.

Here you can get the latest in healthy eating, exercise, diabetes research, community activities, and more.

NOVEMBER

DIABETES MONTH

1-800-DIABETES

(1-800-342-2383)

American Diabetes Association

MedSense

Free Eye and Foot Screenings Available from November 1-15

November is American Diabetes Month, when the American Diabetes Association spreads the word to those affected by diabetes about the benefits of controlling blood sugar levels closer to normal to prevent the devastating complications of diabetes. Activities for patients and their families will be centered on the theme, "DIABETES. What to Know: Head to Toe" and the centerpiece will be a free brochure which converts into a colorful, easy-to-read poster, in many areas statewide, the American Diabetes Association, in partnership with the Florida Podiatric Medical Association, is offer free eye and foot screen-

ings for people with diabetes who are not currently receiving these very important examinations. To find out if screenings are being offered in your area or to receive a free brochure from the American Diabetes Association, call 1-800-DIABETES (1-800-342-2383).

Flu shots can be a life preserver for people with Diabetes

The American Diabetes Association has also partnered with the Florida Department of Health and the Centers for Disease Control and Prevention (CDC) to inform people with diabetes that they are more likely to die from influenza (flu) than people without the disease. Despite this fact, more than half of the people with diabetes did not get

a flu shot in a recent year. Florida is participating in a pilot program, sponsored by the CDC, to encourage people with diabetes to get a flu shot prior to the flu season which generally runs November through March. "People with diabetes may be unaware that the disease can make their immune system more vulnerable to severe cases of the flu, possibly even leading to death," said Dr.

Frank Vinicor, Director of the Division of Diabetes Translation at CDC. "A flu shot is an easy, safe, preventive measure that people with diabetes should take to protect themselves from the risks associated with the flu." A flu shot is a good idea for everyone, but people should be sure to check with their doctor before getting this or any other vaccination.

Gay's Options Counseling Services

Joy H. Larson, M.S., LMHC, NCC, announces the **COUNSELING OF OPTIONS COUNSELING SERVICES** at 107 S. Main Street, Suite 105, Belle Glade, FL 33430. **ON NOVEMBER 28, 1997**

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GLADES DAY SCHOOL'S FALL FESTIVAL featured the traditional Halloween Costume parade. These children were the winners in the contest. Shown, from left, are winners in the Best Overall Visitors category, Kaitlin Lee (dressed as Dorothy in the Wizard of Oz), Dustin Lee (Scarecrow), Hunter Abowd (Lion) and Dylan Abowd (Tin Man). Dennis Pozo won Most Authentic and Ashley Copen Most Original Costume. Rising up out of the coffin is Joshua Tripp who won for Best Halloween Costume and Overall Group Theme was won by Sammi Schlechter (posing as that pesky mosquito) and sister Kalee, who was inside the can of Off during the parade.



Policemen's dance at new location

The Belle Glade Police Officers Benevolent Association dance, scheduled for Nov. 8 at the Belle Glade Marina Pavilion has been moved to the Belle Glade Elks Lodge. The lodge is located at 300 Southeast Avenue, E. Belle Glade. The location change is due to the cancellation of all outdoor nighttime activities in Palm Beach County.

There will be a cash bar available and those attending can dress casually.

Members of the Belle Glade P.B.A. invite the community to come out and dance the night away.

Veteran's Day BBQ time changed

The American Legion, Post 20, Belle Glade will be hosting a Veteran's Day Barbecue on Sunday, November 9, beginning at 11 a.m. instead of 1 p.m.

The barbecue will be chicken or ribs and all the trimmings for a \$7 donation. Music will be provided. For tickets or additional information, call 996-6444.

Baha'i plan Sunday meetings

The Baha'i community in the Glades will be holding spiritual meetings each Sunday at 10 a.m. at the Magdalene Carney Baha'i Institute, 130 S.E. Martin Luther King Jr. Blvd, Belle Glade. A prayer session begins at 10 a.m. and classes for adults, youth and children start at 10:30 a.m. A covered dish luncheon will take place at noon and a youth workshop begins at 1 p.m.

Anyone needing additional information can contact Elinor Walker, coordinator at 996-1959.

Workshops

Parenting a toddler is a challenging and rewarding task. The Palm Beach County Library System, with support from the Children's Services Council, is pleased to announce new Parent/Child Workshops for families with children ages 18-months to 3-years-old.

During this program, community resource people from the Palm Beach County School Board, the County Health Agency, the Cooperative Extension Services, and the Parent/Child Center, will be available to discuss parenting questions and concerns. In addition, parents and their children will have the opportunity to read and play together. There are four sessions per workshop. The Belle Glade Branch Library will present these workshops on Wednesday mornings, November 5, 12, 19 & 26 at 9:00 - 10:15 a.m. or 10:30-11:45 a.m. Pre-registration is required. Please call 996-3453 for more information.

Free transportation

The Division of Senior Services will be providing medical transportation from the Glades area to Royal Palm Beach, Wellington and West Palm Beach for those persons who are 60 and over.

Please call Effie McNair at the Senior Services Center, Monday through Friday between 8 a.m. and 5 p.m. or call 561-233-0400.

Soup kitchen open

The Men's Ministry of Pahoee Church of the Nazarene offers free soup and dessert to interested people every Saturday from 11 a.m. to 1 p.m. in the church annex.

Pahoee Church of the

Nazarene is located at 480 Bacom Point Road. For additional information call 924-2587.

Free meals for kids at Building Blocks

Building Blocks, a project of Neighbors Organized for Adequate Housing, Inc., announces the sponsorship of the U.S. Department of Agriculture's "Child and Adult Care Food Program."

Meals will be available at no separate charge to enrolled eligible children at the following centers: Building Blocks Infant Family Center, 632 Covenant Drive, Belle Glade, Farrar Family Development Center, 110 Harrelle Drive, South Bay and Mary Alice Fortie Family Development Center, 845 Martin Luther King, Jr. Blvd, South Bay.

Plans gearing up for Grassy Waters Festival

Committee members are making plans for the Grassy Waters Festival & Car Show to be held Saturday, Nov. 22.

The committee meets the third Monday of each month at the Pahoee Chamber of Commerce to plan for the event. Co-chairs Shirlee Ingram and Ken Schenck invite those who wish to support the festival to join the group at 7 p.m.

The theme for this year's festival is "Pahoee's Pioneering Success." The festival will also celebrate Pahoee's 75th Birthday. This festival will also feature the first certified 5-K Walk/Run and chairs for that committee include Larry West and Linda Brown.

For more information about the Grassy Waters Festival & Car Show, call the Pahoee Chamber of Commerce at 924-5579.

Bereavement Support Group offered

Hospice of Palm Beach County is offering bereavement support for local residents. Anyone who is having a difficult time, dealing with the death of an important person in their life, struggling with loneliness and a changing social role, is invited to attend.

For further information call 996-1285.

Recovery Group meets at Good Shepherd

Christ-centered recovery group meets every Monday evening at the Good Shepherd Church of God in Pahoee. Meetings are at 7:30 p.m. and the public is welcome. The church is located at 1800 Bacom Point Road, Pahoee.

NA and AA meetings

There are two narcotic anonymous groups that meet in the Glades and new members are always welcome.

Sweet Miracles meets on Thursday evenings at 8 p.m. at St. John's Episcopal Church, 200 N.W. Avenue H, Belle Glade. They have open discussions and speakers.

There is also a PANDA (Pregnant And Addicted) meeting every Saturday at 10 a.m. at the PANDA office, 816 N.W. Avenue D, Belle Glade. This meeting is for women only and is an open discussion meeting. Alcoholics Anonymous meets on Monday evenings at 8:30 p.m. at St. John's Episcopal Church, 225 N.W. Avenue G, Belle Glade. Participation in any of these meetings is strictly confidential.

Anyone needing additional assistance or who has questions can call Narcotics Anonymous at 561-848-NANA.

Children welcome

Lutheran Ministries of Florida, Inc. PEPPY Head Start, is recruiting and accepting applications for three and four year old children. All are welcome, including children with disabilities and there are no fees. The center is located at 200 S.W. 9th Street, Belle Glade. For more information, call 996-1718.

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Clinical depression workshop



The Glades Alumnae Chapter of Delta Sigma Theta Sorority, Inc., sponsored a workshop on clinical depression on Tuesday, October 21, 1997 at the Glades Diamond Complex.

The featured speaker, Dr. Paul Bryan of Woodlake Psychological Group, 3900 Woodlake Blvd., Greenacres, FL, told the audience of 50 that there are specific warning signs to look for when adolescents or adults are going into clinical depression. Some of the signs are irritability, sleeplessness, or over sleeping, weight loss or weight gain due to over eating, increased and or decreased energy, poor judgment and or concentration, and thoughts of committing suicide occurring over a long period of

time, just to name a few of the signs and symptoms.

The causes of depression according to Dr. Bryan can be from stress - financial, emotional, or physical conditions, the loss of a loved one and or very significant other in a persons life, and or after the birth of a baby in a woman or due to a chemical imbalance in the brain. The treatment includes individual and or group counseling, antidepressant medicines and or shock treatment.

Dr. Bryan stated that this illness affects many people of all races, creed, nationality, educational level and or financial status, however, people just don't seek available treatment. Dr. Bryan does accept most insurance plans. For further information call 561-966-8423.

Sorority members present were: Mary Rainey, President; Yolanda Smith, chairperson; Tracey Butler, Myrtle Coulon, Vernita Hale, Gail Davis Perry, Cosha Jackson, Johnetta Scott, Lavioe Taylor Smith, and Latrece Hubbard. In addition, Gail Davis and Vernita Hale told the audience about their personal experience with clinical depression.



U.S. Sugar tops out new refinery

Key managers in the construction of U.S. Sugar Corp.'s new refinery got together with construction workers and other company employees last Thursday to top out the 16-story structure with flags and a planter of sugar cane mounted on a 20-foot, 1,000-pound steel girder. They will stay atop the 5.5-acre building until the roof is put in place. Shown taking part in the ceremony were, from left to right, John Hann general contractor at Stone & Webster; Don Griffin, USSC project manager, specialty sugar; John Elmore, project manager, Stone & Webster; Murray Brinson, USSC senior vice president, sugar processing; Bill Raiola, general manager, Clewiston Sugar House; and Bill Harriman, on-site construction manager for Stone & Webster.

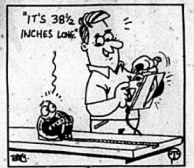


Glades Food for Families honored several community leaders who help each year with the project. L to R are: Captain Holland (USMC), Captain Jack Maxwell (PBSO), Sergeant John Russ (PBSO), and Sergeant Sprague (USMC).

Gift Ideas

High Tech Tools Light Up Holiday Season

(NAPS)—A talking tape measure. A digital level. A sensor that "sees" through walls. No, these aren't the latest super-spy secret weapons, they're among the hottest gifts available this holiday season for homeowners and handy persons alike. Integrating technology with household tools results in jobs done faster, easier and more accurately than ever before. This year, there's something to match just about every holiday budget.



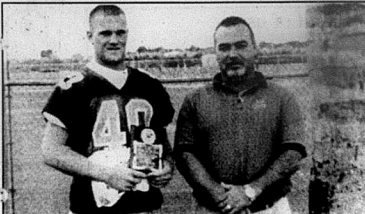
You may never forget another measurement with this unique stocking stuffer. Zircon's Repeater is the first tape measure with an easy-to-use digital voice recorder. This professional quality tool records multiple measurements and plays them back any time, anywhere. Available for about \$30, Repeater stores up to 20 seconds of information.

Hang pictures, frames, mirrors, shelves—and more—fast and straight the first time with new electronic levels that eliminate guesswork associated with bubble levels. Available for about \$30, Zircon's VideoLevel 5.0 finds level and plumb easily and can be calibrated to factory precision every time it's used. It even remembers custom angles.

The latest scanning technology takes "stud sensing" to a new level, allowing anyone to virtually see through walls. VideoScanner 5.5 detects wood, studs, joists, metal and electrical wires in walls, floors and ceilings—even rebar in concrete—at the push of a button. VideoScanner is available for about \$50.

All these technological tools are available nationwide at leading home centers and hardware stores. For a retailer near you, call 1-800-245-9255.

Player of the Game



GLADES DAY GATOR, Pablo Sanchez #40, receives the Player of the Game award from Larry Barnes of Steve Moore Chevrolet. Week of 10/24/97.

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NOW SERVING THE GLADES AT 2 LOCATIONS

93 Mitsubishi Eclipse Loaded, Sharp, 5 Spd. White with grey interior. \$7,450 or \$41²¹/wk	92 Dodge Dakota LE V6, Auto, Loaded, P. Window, Tilt, Cruise \$7,995 or \$51⁶²/wk	Our Special Finance Dept. will find you financing - We have a 99% Approval Rate!!	94 Dodge Shadow ES V6, 5 Spd, Fast & Sharp & Loaded \$7,495 or \$41³⁹/wk	94 Olds Cutlass Supreme 4 Dr, Blue, All Equip, Perfect family car \$10,495 or \$58¹³/wk	94 Honda Accord EX 2 Dr, Spt. COB, Mini Cond & ready to go \$13,400 or \$73²³/wk
94 Dodge Spirit 4 Dr., Low miles & nice. \$8,450 or \$46⁷⁴/wk	We have over a half million \$ inventory & 100% Warranty on every car.	93 Eagle Talon TSi Turbo, A.W.D., Sharp & Fast \$10,550 or \$58¹⁸/wk	95 Chevy Beretta 2 Dr., Low miles & A Beauty \$8,900 or \$49⁰⁶/wk	94 Chevy Pickup C-1500, Auto, AC, Mint cond., low miles \$12,400 or \$68⁶⁰/wk	93 Toyota Camry LE All options, Luxury & Economy \$11,400 or \$45¹⁶/wk
96 Hyundai Accent Only 25,883 miles, loaded, Factory Warranty \$10,495 or \$58⁰⁶/wk	96 Chevy Cavalier Like new & loaded Low miles, Factory warranty \$12,300 or \$67⁹⁰/wk	93 Mazda 929 Every option available, Mint. \$14,400 or \$79⁵³/wk	93 Ford Ranger Ext Cab Auto, V6, Loaded, low miles \$11,300 or \$62⁵⁸/wk	Don't Settle For Buy Here - Pay Here Ever Again.	93 Nissan Sentra Nice economy car. \$6,400 or \$35³⁴/wk
96 Nissan Sentra GXE Low miles, Factory Warranty & Loaded. \$11,400 or \$45¹⁶/wk	96 Buick Century 4 Dr. Absolutely gorgeous, low miles, loaded. \$11,900 or \$65⁸¹/wk	We make available to you 10 major lenders with millions to loan.	95 Mazda MX3 Factory-Warranty, loaded & low miles \$11,300 or \$62⁵⁸/wk	94 Geo Prism All Factory equipment, nice car. \$7,300 or \$39⁹⁰/wk	94 Toyota Tercel Low miles & economy. \$8,400 or \$46⁵¹/wk
You don't have to drive to the coast - We've brought the coast to you!	93 Pontiac Grand Am Low, low miles & sharp. \$8,450 or \$46⁷⁴/wk	93 Hyundai Sonata Loaded, all options, V6, auto. \$7,300 or \$45¹⁰/wk	82 Isuzu Rodeo LS 4x4 - Loaded \$12,400 or \$79²³/wk	92 Dodge Caravan 7 Pass, Van, low miles \$7,300 or \$47²⁰/wk	We make the payments to fit Your budget.
92 Olds Cutlass Supreme Convertible Hard to find, low miles. \$12,500 or \$79⁶⁹/wk	94 Jeep Grand Cherokee Laredo 4x4, Loaded \$14,400 or \$85¹¹/wk	91 Ford Escort LX 2 Dr., low miles, economy \$3,495 or \$28¹⁹/wk	Where our "No Hassle" policy is a Pleasure	95 Ford Explorer XLT Low miles, Factory Warranty, loaded. \$17,900 or \$98⁸⁰/wk	

CLEWISTON
700 Sugarland Hwy.
(Across from Robbins Rest)

COUNTRY CARS, USA
(941) 902-9595 (888) 252-000 (561) 993-3000

BELLE GLADE
1336 S. Main
(Formerly Steve Moore Chevrolet Used Car Lot)

All prices incl. \$1,000 down payment and tax, title and tags. Model years 93 to 96 are financed for 60 months at 15% APR with approved credit. Model years 92 and older are financed for 48 months at 16% APR with approved credit. Weekly payments are a result of the monthly payment divided by 4.3.

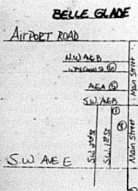
Belle Glade
Chamber of
Commerce

Pahokee Chamber
of Commerce

Glades Holiday

Shop - A - Town

Saturday November 8, 1997



Averill's Hallmark & Studio

40 S.W. Avenue B • Belle Glade • (561) 996-3013
(1 block west of Main St. at S.W. Ave. B)

cordially invites you to attend their annual

Open House

Saturday, November 8, 1997

8:30 a.m. - 2:00 p.m.



A Christmas Showcase for the
Communities of the Glades.
Please come and share this day
with us.

Please join all of us at

EVERGLADES TRADING

as we usher in the Christmas Season
with our annual

OPEN HOUSE

Saturday, November 8, 1997

9:00 a.m. til 3:00 p.m. at
725 South Main Street in Belle
Glade and

our newest location on the levee in
Pahokee, overlooking Lake Okeechobee!



Pahokee Flower Shop

169 E. Main Street • Pahokee, FL • (561) 924-5575

OPEN HOUSE

Saturday, November 8th
9 to 5

** A Full Service Florist **

PLANTS, GARDENS, SILKS, BALLOONS, BASKETS
CERAMICS, GOURMET & FRUIT BASKETS
STUFFED ANIMALS, GIFTS
FRESH BOUQUETS FOR ALL OCCASIONS
FUNERALS, WEDDINGS & PARTIES

"See us for all your floral needs!"

INTERNATIONAL WIRE SERVICE
MAJOR CREDIT CARDS ACCEPTED



FURNITURE
APPLIANCES & ELECTRONICS

FREE gift for everyone!

(Limit 1 per family, please)

225 W. Canal Street, N.
Belle Glade
(561) 996-7646

400 S.W. Avenue A
Belle Glade
(561) 996-2275

183 S. Lake Avenue
Pahokee
(561) 924-9962

THE UNITED METHODIST WOMEN'S ANNUAL HOLIDAY BAZAAR

Will be held SATURDAY, NOVEMBER 8, 1997
From 8:30 a.m. Til 1:00 p.m.

In JAMESON HALL AT COMMUNITY UNITED METHODIST CHURCH
401 Southwest First Street, Belle Glade

All sorts of handmade items will be on sale, from beautifully decorated pillows, place mats,
aprons, vests, wall hangings, shelf-sitters, angels, flower arrangements, and Christmas orna-
ments and decorations, to such homemade delicacies as guava jelly, relishes, preserves, cakes,
pies, cookies and candy, there will be homemade vegetable soup, chili, and Cuban sandwiches
-- to eat here or to take home.

There will be a Second-Time-Around Shop for treasure hunters, and a Coffee Shop where you
can take a break with a cup of coffee and a cookie or a piece of cake, and a visit with friends.

COME AND BRING A FRIEND

You're sure to find lovely holiday decorations for your home and you just
might find the perfect gift for that hard-to-
buy-for person on your christmas list.

BE SURE TO REGISTER FOR THE DOOR
PRIZE DRAWING



VIDEO MOVIES, INC. & PRINT SHOP

137 E. Main Street • Pahokee, Florida 33466
(561) 924-7620
Eddie Honeycutt, Owner

T-Shirts
Flyers, Business Cards, Booklets, Etc.

*"From T-shirts to flyers...call us for your printing
needs!"*

Also Movie Rentals, Sega, Nintendo
&
Playstation Games For Rent

Classifieds

FREE AD: Miscellaneous items for sale under \$2000. For details, call Yvonne at 561-996-4404.

SPECIAL: Run your ad four consecutive weeks, and the last two weeks are half price! Call for info.

Autos For Sale

CARS FOR \$100 or best offer. Auctioned locally by IRS, DEA, FBI, 4x4s, RVs, boats, computers & more. Call toll free, 24 hours, 7 days...800-972-5213, ext. 470. FCAN. 11/6

SEIZED CARS from \$150. Jaguar, Corvette, Mercedes, BMW, Porsche, Honda, 4x4s, trucks & more. Local sales listings. Toll free...800-659-2292, ext. 44000. FCAN. 11/6

Business Opportunities

FRUIT LAVERS/HYERS VENDING ROUTE! Your own hours, be your own boss. \$1200+ weekly potential! Small investment, huge profits. To invest in your future, dial 800-731-7233, ext. 4210. FCAN. 11/6

PERSON WANTING TO OWN and operate retail candy shop in Belle Glade area. Low investment. For information, call Mrs. Burdett's Gourmet Candy Company, Fort Worth, TX, 817-332-9792. 11/6

LOCAL CASH ROUTE 30 vending machines. Earn approx. \$800 a day. For \$9995. Call 800-998-VEND. FCAN. 11/6

FINANCIAL FREEDOM! Average people are earning \$5-10K/month P/T. Very easy. No personal selling! Net MLM 24 hour message...800-322-6193, ext. 314. FCAN. 11/6

Business Services

STEVE'S MOWING SERVICE Lots, acreage and bush hog. Call (561) 996-9527. 11/6

Commercial Property

OFFICE SPACE: Very nice two room office with bathroom and small kitchen attached. Located in a very quiet and safe neighborhood. 924-7254. 11/6

Homes For Sale

PUBLIC NOTICE: The legal notice and notice regarding this Sun is as follows: The Federal Fair Housing Act requires that notices be published in a newspaper of general circulation in the area where the property is located. The Sun is a newspaper of general circulation in the area where the property is located. The Sun is a newspaper of general circulation in the area where the property is located. 11/6

GOVERNMENT FORECLOSED HOMES, pennies on the \$1. Repo's, VA, HUD, sheriff sales. No money down government loans available now. Local listings. Toll free, 800-659-2292, ext. 44000. FCAN. 11/6

VERY NICE 3/1 CBS, CARPORT, sunroom, storage bldg., brand new carpet & paint. Corner lot, good neighborhood. \$62,000 firm. 561-924-7990. 11/13

NECESITA UNA CASA? Programa de gobierno, credito bueno y mas. Si trabaja y es independiente en su trabajo llame a nuestros ayudantes para usted. Llame 763-3258. 11/27

NEED HOUSING? Govt. programs, grants to finance homes. Goodbad credit! Network One, 763-3258. 11/27

Employment

INSURANCE CAREER - Generous commission, unlimited potential & mgmt. opt. Ret. 401K, group ins. No exp. nec.; we will train. Est. Co., 1919 EOE, M/F. Call 561-996-6261, ask for Trey or call 561-478-5560, ask for John. 11/6

Shoney's Now Hiring

Assistant General Manager Night Shift \$25,000 to \$28,000 per year plus benefits
Contact: Shoney's Huggins, Gen. Mgr. (941) 983-0020
10330 W. Sugarland Hwy., Clewiston, FL 11/6

LEGAL SECRETARY to work P/T from home for paralegal clinic. Must be familiar with family law. Fax resume to: 561-440-0323, ATTN: M. White. 11/6

HENDRY REGIONAL MEDICAL Center job line. For employment inquiries, call 941-922-3085.EOE. 11/6

HOUSEKEEPING SUPERVISOR, EXCELLENT PAY, FULL TIME. High school diploma or GED. Previous housekeeping experience required. Computer skills necessary. Job duties include assessment of daily work routines, scheduling of personnel and follow-up. Flexible job duties required. Drug-free. EOE 956-5571, x444. 11/6

Are You Tired of Floor Nursing? Do you enjoy working independently? Come join EMSA Correctional Care in Belle Glade at Palm Beach County Jail. PRN/All shifts avail. Req: min. of 1 yr. clinical exp., FL license & CPR cert. Excellent Salaries. Please call Cathy at 800-422-2672, ext. 5098. EEO/AA. 11/6

STATIONARY TYPISTS/PC USERS! Steady work, fulltime. \$45,000 per year earnings potential. Call toll free: 800-883-0819, ext. 7400. FCAN. 11/6

UTILITY LEADMAN: The Southern Gardens Citrus Corp., a subsidiary of U.S. Sugar Corp., has an immediate opening for a utility leadman. Self-motivated individual capable of working in a team-based environment, heavy labor, week-end work and overtime will be required. Must have oral and written communication skills, math skills and requires two years experience with industrial refrigeration, boilers and potable water operation. Must be familiar with the basic principles and practices involved in industrial refrigeration, boilers, fluid movement, record keeping and have a basic working knowledge of mechanical and electrical maintenance. Must be able to set up working schedules and have a good working knowledge of FSM and all safety requirements involved with ammonia refrigeration. If qualified, please send resume to: U.S. Sugar Corp., Human Resources Dept., P.O. Drawer 1207, Clewiston, FL 33440. FAX: 941-902-2889. EOE. 11/6

HELP WANTED

• Managers
• Dining Room Supervisor
• Line Level Positions
Cook, Salad Bar, Servers
Kitchen Prep.
Apply in Person.
SHONEY'S
10330 W. Sugarland Highway
Clewiston 11/6

DRIVER, OTR: Covenant Transport. We keep the road hot! Family security, full benefits, top pay and miles. Experienced drivers and owner operator teams, call Covenant Transport, 888-MORE-PAY or call 800-441-4394. Graduate students call 800-338-6428. FCAN. 11/6

Communicator Needed

Looking for a personable, organized self-starter. Works independently, writes well and can organize effective personal presentations. Will work with healthcare professionals. Public relations/marketing background helpful. Immediate opening. Fax resume to (941) 993-2979 or mail to: Hendry Regional Medical Center, 500 W. Sugarland Hwy., Clewiston, FL 33440. Attn: Administration 11/6

CLEWISTON HEALTH CARE CENTER is seeking CNAs for all shifts for full time and part time positions. We offer free uniforms, tuition reimbursement, new wages, growth opportunities and a family atmosphere. New graduates are encouraged to apply. Contact Alicia Miracle at 941-983-5123. 11/6

ASSISTANT RESTAURANT MANAGER

Immediate opening for highly motivated, responsible individual at Burger King in lake area. If you are friendly, hardworking, neat, and ambitious, we are committed to providing excellent customer service, and a great work environment. Fast food experience helpful. We offer competitive wages. Send resume to: Southern Management Corp., 324 S.W. 10th St., Belle Glade, FL 33430. Attn: Rod Elinger. 11/6

EARN MONEY READING BOOKS! 30,000,000+ income potential. Details...800-513-4343, ext. Y1161. FCAN. 11/6

TRACTOR DRIVER: Lykes Bros., Inc., Southern Operating Division has an immediate opening for one tractor driver on our Sugar Cane Farm. Must have at least one year prior experience driving tractors utilized in sugar cane farming and have a valid driver's license. Applications now being accepted at: Lykes Bros., Inc., Southern Operating Division, 106 SW CR271, Okeechobee, FL 34974. A/EEOE. A drug-free workplace. M/F/D/V. 11/6

GOVERNMENT JOBS. Now hiring in your area. \$16,000-\$68,000. Call 800-883-0819, ext. J400 for current federal, county, city and state lists. FCAN. 11/6

NO EXPERIENCE NECESSARY. Earn up to \$500 per week assembling products. Full time/part time. Call 800-466-7593. FCAN. 11/6

NOW HIRING RESTAURANT MANAGERS

• Competitive Salaries
• Health Benefits
• Vacations
• Bonuses • 401K
Come join our friendly Popeyes Team!
Call Julio Rodriguez
(561) 996-6581
POPEYES
OF CHICKEN A RECIPE CO. 11/6

ATTENTION: SALES REPRESENTATIVES: Our reps average \$500 - \$1200 commission per sale. Part time, unique product, great leads, advances, vacations, exciting bonuses, 401K plan available. Area Manager...888-676-9034. FCAN. 11/6

PART-TIME POSITION AVAILABLE: 1332 N.W. Avenue L Belle Glade, FL 33430. Please come by to fill out application and see Barbara. 11/6

PRINT MEDIA BUYER...Place print advertising in Florida newspapers. State Press Association is seeking well organized, computer literate and strong customer service person. Ad agency, newspaper experience or related degree required. Send cover letter, resume and salary history to: Dean Dighe, Florida Press Services, 336 East College Avenue, Tallahassee, FL 32301 or fax to 905-622-4498. No phone calls accepted. EOE. FCAN. 11/6

Miscellaneous For Sale

FACTORY DIRECT POOL HEATERS, heat pump, solar or gas. Major brands. New/used. Do it yourself or installed. Free phone quotes...800-333-WARM...www.solardirect.com. Members 888, inc. KWC029758. FCAN. 11/6

FOR SALE: 1997 HONDA CRUX all-terrain vehicle. Like new! Call 996-4404, ask for Penny. 11/6

CHRISTMAS GIFTS! Two hour videotape. HOLIDAY YULE LOG. Continuous burning fireplace w/ festive music. Great for family gatherings, holiday parties, elderly, christmas, romantic evenings. 888-383-745E. FCAN. 11/6

17.5' 1986 CORRECT CRAFT BASS BOAT. Fully equipped, very nice. \$4500...561-924-7990. 11/13

BEAUTIFUL KINGSIZE four poster hardwood waterbed, complete. \$300 or best offer. Call 996-6548. 11/6

EXERCISE EQUIPMENT: Soloflex exercise machine...\$400. Nautilus abdominal exercise...\$150. Call 992-5650. 11/6

DIVING EQUIPMENT: U.S. Divers XOL buoyancy control device...\$125. U.S. Divers regulator with octopus & gauges...\$200. Call 992-5650. 11/6

PRESSURE CLEANERS: Factory direct sale! 2800psi...\$599; 3500psi...\$799; 4000psi...\$889; 4500psi...\$1449. Lowest prices guaranteed! Free catalog...888-867-7729, 24 hours. FCAN. 11/6

Mobile Home Sales

A-MOBILE HOME FINANCE company has 2, 3 & 4BR single and multi-section bank REPOS. Easy qualify and transfer of payments. Terms negotiable or make cash offer. Free call...800-651-4625. FCAN. 11/6

4BR, 2.5BA FLEETWOOD Doublewide Sale or lease. Contact Mr. Henry at 996-1424, from 5:30pm to 9pm. 11/6

Notices

NEED CASH? I buy old coins, guns, and pocket watches. Call 561-996-9400. 11/6

Personal

ADVICE-LOVE-ROMANCE Send one question and \$10 to: 141 Riverview Avenue, Suite 1 North, Arlington, NJ 07031. 11/6

Pets & Supplies

ROTATIONAL WORMING is now available for dogs: Alternate HAPPY JACK TRIVERMIDICIDE and LIQUI-VICT 2X monthly. Safer, more effective. At GOLD-KIST & farm, feed and hardware stores. FCAN. 11/6

Apartments For Rent

PAHOKEE NOW RENTING! 1 bedroom \$238, 2 bedroom \$350, per month. Nice & clean apartment building at 314 Hardin Ave. Now accepting Section 8 rent subsidy. Call Parker Apartments at 924-5493 or 924-1959. 11/6

TWO LOTS IN MONTURA: #305 & #306. On canal, dead end street, two blocks south of club house. High & dry. \$10,000 - owner financing. Days: 561-996-9400. Evenings: 561-996-7413. 11/6

FOR RENT IN CLEWISTON: 1-3 bedroom house, 1-2 & 3 bedroom apartments, downtown. Call and leave message, 941-983-4436. 11/6

Yard Sales

YARD SALE: SAT, NOV 8, 8 AM - 1 PM 706 NE 3rd Street, Belle Glade. 11/6

CARPORT SALE: THREE FAMILIES. Sat, 10/17 NE 24th St., 7am-8pm. 11/6

HUGE YARD SALE in front of Glades Gas, Sat. 8am-1pm. 11/6

Real Estate

SO. CAROLINA WATERFRONT SALE: Beautifully wooded; dock approved; partial lot along frontage on spectacular 50,000 acre recreation lake in SC. Carolina, next to 18 hole championship golf course. Fish, boat, golf year round in our fantastic climate! Paved roads, utilities, much more! Financing available! Call now, 800-704-3154. FCAN. 11/6

SOUTHERN COLORADO, ROCKY MOUNTAIN FRONT RANGE: 43 acres - \$29,900. Ride off into the sunset on this perfect horse property. Gently rolling meadows w/ beautiful juniper & pines trees, spectacular views, abundant deer & turkey. Minutes to lake & golf! Internet. Power & phone. Owner financing. Call now, 719-564-6367. Red Creek Ranch at Hatch, FCAN. 11/6

Tanning

WOLFF TANNING BEINS: Tan at home! Buy D.I.F. and/or "SABER" Commercial tanning units from \$199 - Low 11/6

monthly payments. FREE color catalog. Call today, 800-842-1310. FCAN. 11/6

Legal Services

DIVORCE \$125: Covers children, property division, name change, military, missing spouse, etc. One signature required. *Excludes govt. fees, uncontested. Paperwork done for you. 800-547-9900, Budget Divorce. FCAN. 11/6

Financial Services

VISA/MasterCard... Bad credit (including bankruptcy), no credit, low income - no problem. Now you can obtain your very own major bank credit card. Learn also how to obtain small business loans, consolidate your debts, repair your own credit and much more. Write to: Credit Assistance Group, P.O. Box 211182, Royal Palm Beach, FL 33421. 11/6

"CASH" IMMEDIATE \$! for structured settlements and deferred insurance claims. J.G. Wentworth. 888-231-5375. FCAN. 11/6

ANXIOUS INVESTOR needs to buy 20 owner financed mortgages. Please call 800-896-2122. FCAN. 11/6

CREDIT CARD DEBT? CUT payment to 50%, reduce or eliminate interest! Past due balances brought current! Same day approval. Non-profit. LI.d/bonded. Toll free, CGA, 888-795-7675. FCAN. 11/6

REFINANCE & SAVE \$100s EACH MONTH! With today's low mortgage rates, consolidate debt, improve your home or get needed cash with Fairbank Mortgage. 24 hour pre-approvals. *Quick closings. *Competitive rates. *Custom programs for every need. *Good and problem credit. *No income verification. *Self-employed. *Bankruptcy. *125% equity financing. We bend over backwards to approve your loan! FAIRBANK MORTGAGE, 800-346-LOAN, ext. 552. FL lic. ML9070547. FCAN. 11/6

HOMEOWNERS: Get debt consolidation, home improvement and vacation loans! No equity, appraisal or application fee. Credit problems understood. Mobile homes OK! BRAUERMAN FINANCIAL, 800-369-8043, x22. FCAN. 11/6

DISCOUNT HOME MORTGAGES: Refinance/purchase now! 125% LTV. No income/asset verification. 30 yr. 7.75% apr. 15 yr. 7.25% apr. Web Mortgage Corp., 800-952-8706. Licensed FL broker. FCAN. 11/6

FREE DEBT CONSOLIDATION: Immediate relief from many debts? Overdue bills? Reduce monthly payment 30% to 50%, eliminate interest. Stop collection calls! NCCS (nonprofit), 800-955-0412. TPF. FCAN. 11/6

HOMEOWNERS LOANS! Borrow up to 25% more than your home is worth! Consolidate bills! Home improvements! No appl. fee! Apply by phone. SAMBOY FINANCIAL, 800-673-1303. FCAN. 11/6

NEED TO REPAIR YOUR CREDIT? Our program shows you how, quickly and legally! Call 800-978-9524, ext. 2133 for more details. LC #3383030. FCAN. 11/6

Advertise with The Sun !! Call Penny at 561-996-4404 to place an attractive display ad!



THE CAT'S OUT OF THE BAG...

The Bargains Are In The CLASSIFIEDS!

There's no better place than the Classifieds to get your paws on:

- CARS
- FURNITURE
- APPLIANCES
- NURSERY ITEMS
- PET SUPPLIES
- EMPLOYMENT
- REAL ESTATE
- LEGAL SERVICES

Check our listings weekly or call 996-4404 to place an ad.



The Sun Classifieds

"It's the cat's meow"

LEGAL NOTICES

PUBLIC NOTICE
The following vehicles will be sold at public auction on November 11, 1997 at 10:00 am at 550 SW 10th Street, Belle Glade, FL.

1. 1992 Chevrolet G1AP8THAL159405
2. 1974 Ford F37GH14405
3. 1982 Union U2M4D033CV124257
4. 1997 Renault XMD039567105754

Published: The Sun, November 6, 1997
Legal No. 97-126.

PUBLIC NOTICE
The annual report of ABCBOLD EXPEDITIONS is available at the address noted below for inspection during the hours of 9:30 a.m. and 5:00 p.m. by any citizen who so requests within 180 after publication of this notice of its availability.

Archebold Expeditions
Bayer, Brown & Drennon
505 South Flagler Drive, Suite 1330
West Palm Beach, Florida 33401

The principal manager is Frances A. Huffy, Chairperson of the Board.
Published: The Sun, November 11, 1997
Legal No. 97-127

Be sure to get all the local news with a subscription to The Sun.

Send check or money order with coupon to: The Sun, 417, NW 16th Street, Suite 6, Belle Glade, FL 33430.

In-County Rates	Out-County Rates
<input type="checkbox"/> 2 years - \$23.80 <input type="checkbox"/> 18 months - \$23.32 <input type="checkbox"/> 1 year - \$15.90 <input type="checkbox"/> 6 months - \$10.60	<input type="checkbox"/> 2 years - \$59.36 <input type="checkbox"/> 18 months - \$46.64 <input type="checkbox"/> 1 year - \$31.80 <input type="checkbox"/> 6 months - \$21.20

Prices include 6% Florida State Sales Tax. Tax exempt organizations should contact The Sun at 561-996-4404 to obtain the proper rates.

Name _____ Phone () _____
Mailing Address _____
City _____ State _____ 9-Digit Zip _____

Classified ad deadline is: Monday, Noon.

"DEAL WITH FOLKS YOU KNOW AND TRUST"**STEVE MOORE of BELLE GLADE****THE
1998'S
ARE HERE!**ALL REMAINING '97 MODELS
ARE REDUCED TO CLEAR!

AS LOW AS

**4.9%
FINANCING**
ON SELECT MODELSUP TO
**\$4,000
REBATES!**
ON SELECT MODELS**NEW 1998
PONTIAC SUNFIRE**Coupe. Includes air conditioning, power steering, dual airbags, ABS brakes, and MOORE!
#7528805.**\$11,998**

Plus tax and tag. Price includes incentives and rebates if applicable.

**NEW 1998 CHEVY
CAMARO COUPE**Includes automatic, air conditioning, cruise control, power door locks, aluminum wheels and MOORE!
#2102493.**\$16,398**

Plus tax and tag. Price includes incentives and rebates if applicable.

**NEW 1998 CHEVY
C-1500 EXT-CAB**

Silverado, power windows and locks, air conditioning, aluminum wheels, white letter tires, AM/FM cassette, and much MOORE! #E100070.

\$18,998

Plus tax and tag. Price includes incentives and rebates if applicable.

**NEW 1998 CHEVY
MALIBU SEDAN**

Includes air conditioning, automatic, floor mats, AM/FM stereo, and much MOORE! #Y112743.

\$14,998

Plus tax and tag. Price includes incentives and rebates if applicable.

**NEW 1998 OLDS
CUTLASS SEDAN**

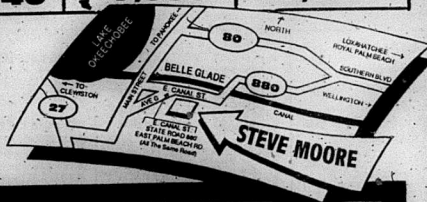
Includes V6, automatic, air conditioning, power locks, cruise control, split folding power seat and much MOORE! #1303360.

\$16,898

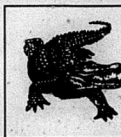
Plus tax and tag. Price includes incentives and rebates if applicable.

LARGE SELECTION OF QUALITY PRE-OWNED CARS AND TRUCKS!

1997 BUICK LESABRE Gold, loaded, like new! \$18,300	1997 CHEVY CAMARO Z-28 Red, auto, loaded, 12k miles! \$16,595	1996 CHEVY LUMINA White, balance of fact warr. \$13,995	1994 PLYM SUNDANCE Get this! Only 27k miles. \$6,995	1995 JEEP CHEROKEE 4x4, auto, air, PS, P. \$12,995	1991 FORD EXPLORER 4dr, 4x4, Eddy Bauer \$9,995
1993 CAD. DEVILLE White, blue top, clean! \$11,995	1996 CHEVY CAVALIERS 2dr & 4dr, auto, AC, stereo. \$9,250	1996 MONTE CARLO LS Burgundy, leather, loaded! \$13,850	1995 OLDS CIERA Maroon, 1 owner, 50k miles. \$8,495	1996 PONTIAC FIREBIRD Purple, loaded, low miles. \$15,995	1995 FORD F-150 Regular cab, auto, low miles. \$12,200
1996 CHEVY BERETTA Coupe, red, auto, clean! \$9,150	1996 CHEVY CORSICA'S Low miles, balance of fact warr. \$8,550	1995 CHEVY S-10 X-CAB Pickup, red, ready to run! \$10,995	1996 OLDS CIERA Blue, auto, clean, 30k mi. \$9,495	1996 PONTIAC SUNFIRE Blue, clean, low miles. \$10,495	1993 FORD T-BIRD Auto, air, loaded! \$6,995
1997 CHEVY BLAZER LS 4dr, (2) to choose, full power. \$21,200	1995 CHEVY K-1500 X-cab, 4x4, green, loaded, Z-71 \$17,995	1997 CHEVY S-10 X-CAB P/U, Silver, only 4k mi, 3rd dr! \$12,700	1996 OLDS CIERA Silver, loaded, 36k miles. \$10,740	1995 FORD CONTOUR Green, cold AC, clean! \$7,995	1994 GEO PRIZM Auto, air, clean, low miles. \$7,995

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Glades Day Gator Tales



Glades Day School's campus is brimming with spirit this

week as the Gators celebrate the 1997 homecoming.

Old characters could be seen walking around as students (and even a few faculty members) shed their uniforms and dressed for Fajamas Day, Senior Citizens, Graffiti and 60's/70's days.

Unfortunately, the mosquito put a bite on plans for the homecoming parade. Rather than risk the threats of encephalitis by working on floats in the night time hours for several days in a row, the administration decided to mix the parade and have classes build stationary lawn floats in the courtyard instead. Still, students got very creative and the results will be displayed Friday afternoon and evening of the homecoming game.

Saluting The "Green" Greenback

(NAPS)—The U.S. "Greenback" dollar bill is a good friend to the environment. Did you know dollar bills are made from cotton and linen waste—they're the perfect example of turning trash into treasure!

Unfortunately, some in Washington D.C. have decided to dredge up the idea of a dollar coin again. Maybe they've forgotten what a mistake the 1970s Susan B. Anthony coin turned out to be. Today, there are nearly 150 million of those hard-to-use coins sitting in U.S. Mint warehouses because the American public didn't like using them.



Dollar coins aren't as convenient, and they are hard on our environment, too. Their main ingredient—copper—is expensive and messy to extract from copper ore. It takes tons of copper ore to produce just one usable pound of copper for a coin. Just to produce the first batch of new coins would require the additional strip mining of 30 million tons of copper ore and waste.

But the U.S. Greenback dollar bill is easy to make and easy on the environment. Environmental groups point out that the dollar bill is made from recycled cotton and linen waste and scraps—not wood. Further, used dollar bills are recycled and used in such products as particleboard and other paper products.

To let Congress know how you feel about a bill forcing us to use dollar coins, write to call your representative on Capitol Hill: U.S. Senate, Washington, D.C. 20510; U.S. House of Representatives, Washington, D.C. 20515; or call (202) 225-3121.

GDS would like to thank everyone who participated in the Fall Festival last Saturday afternoon, making it a success. The auction, which featured big ticket items such as mechanical cut seed can, a ride for two on the Goodyear Blimp, and a 3 day/2 night stay at the Ritz Carlton in Palm Beach, raised approximately \$20,000.

Other unique offerings were a Danny Wuerffel-autographed Sports Illustrated cover, a half day of salt water fishing on a chartered boat with a captain, a 4' Gator mailbox and GDS pendant decorated with diamonds, emeralds and topaz.

By the way, the decorative artwork featured on the cover of the auction program was provided by Mrs. Dorinda Shutt's talented art students, Jennifer Reid (front cover), and Katrina Edwards (back cover).

Mrs. Joan Baughman was the winner of the 1998 Ford Mustang in the Booster Club's drawing. Eric Edwards won a shotgun, Parker Altman a rifle, and Patty Walden was the lucky winner of a Log Cabin

quilt. In the junior high volleyball team's drawing, Ronny & Linda Brown's name was drawn for the 7' herringbone bracelet donated by Gilbert's Jewelers, Donald & Beverly Garrett won the Gator mailbox donated by Debbie Underwood of South Bay, and Tom King won the Gator stuffed animal.

Overall winners in the elementary costume parade were Most Original - Dennis Poro (Jafar from the movie Aladdin), Most Authentic - Ashley Copen as Carmen Miranda, Best Halloweened - Josh Tripp as Dracula in a coffin, Group - Sammi & Kaley Schlechter as a mosquito and can of Off, and Visiting - Katilin & Dustin Lee, and Dyland & Hunter Abowd as characters from the Wizard of Oz.

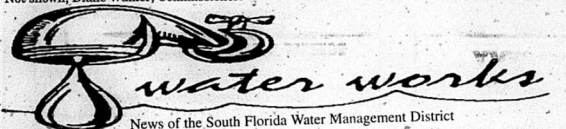
GDS would like to remind parents and students that Monday, November 10, is a school holiday in honor of Veteran's Day. Final exam for the second grading period will be awaiting them when they return to school Tuesday.



Pioneer Growers Co-Op brings in the first sweet corn of the season.
Pictured above: (L) J. D. Poole, Produce Marketing and Gene Duff, Vice President and General Manager of Pioneer Growers Co-Op.



The Pahokee Housing Authority recently had their annual meeting. The commission board installed the new officers for the year. The new officers are: (L to R) Julia Hale, Executive Director, Vera Hopson, Vice Chairman, Elizabeth Hernandez, Chairman, Dr. Louis Robinson, Commissioner, Omega Graham, Asst. Secretary/Treasurer and Victor Atkins, Deputy Director. Not shown, Diane Walker, Commissioner.



News of the South Florida Water Management District

Lake Okeechobee is at the center of the Kissimmee-Okeechobee-Everglades (KOE) ecosystem and often is referred to as "the liquid heart of south Florida". This second largest freshwater lake wholly within the United States is relied upon to satisfy a diversity of water supply needs.

Five communities surrounding the lake receive drinking water supplies directly from Lake Okeechobee. Water from the lake also is delivered via the Central & Southern Florida Flood Control Project to the heavily populated lower east coast to recharge wetlands and prevent saltwater intrusion.

The Everglades Agricultural Area (EAA), consisting of 700,000 acres of rich farm land immediately south of the lake, provides much of the nation's winter vegetables and sugar and relies on Lake Okeechobee for irrigation needs. Lake Okeechobee also provides water to the Everglades 0 the Water Conservation Areas and to Everglades National Park. These conflicting demands

on the lake have at times threatened its viability and also the viability of coastal estuaries, which receive fresh water directly from Lake Okeechobee during times of high water. The District and state are working with landowners north of the lake to help reduce the flow of nutrients to the lake. Water managers also are emphasizing the need for coastal areas to reduce their dependence on the lake during water shortages. In addition, the way water is released from the lake when the water level is too high may be changed to help protect receiving coastal estuaries.

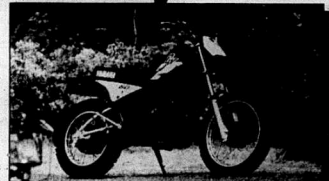
Check this column next week for more information about the SFWM, but now let's look at what you may see us doing in your neighborhood this week:

Lake Kissimmee navigation lock repairs begin Monday: Boat traffic at the S&S navigation lock at Lake Kissimmee will be partially restricted for about two months beginning Monday,

November 3, while repairs are made inside the machinery pits that operate the lock gates. Repair crews from the Okeechobee Field Station hope to have the work completed by January 1, 1998.

In order to perform the necessary repairs, one gate of the lock will have to be secured in place in the closed position. Boaters will be required to navigate through only one side of the lock gates at a time, rather than through the middle of the lock as in normal operation. Because of the closed lock gate, the normal opening width of 25 feet will be reduced to about 12 feet. Boats wider than 12 feet will not be able to pass through the lock during this two month period.

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Reporter Needed

The Sun newspaper is seeking a Part-time Reporter to cover news in the Belle Glade, Pahokee and South Bay areas.



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Our Employees Speak For Us..

"From a medical records clerk to a Nurse Manager for Med-Surg and Pediatrics, I've been here 32 years! GGH, a wonderful place to work! I'm still happy to be here, caring for the people of the Glades!"

....Patty Hood, R.N.

"The enthusiasm and compassion of fellow employees helping our community and hospital grow is one of the reasons I've been a part of the Glades General family for ten years!"

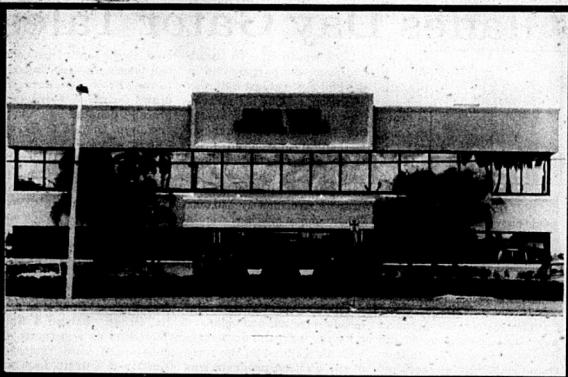
....Sue Maggio

"Helping to realize the vision of the future of GGH is a challenge...the comradery and friendship created by the challenge is why I'm here!"

....Cathy Lessard

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Palms West Hospital Receives Accreditation with Commendation.

Palms West Hospital has achieved accreditation with commendation from the Joint Commission on Accreditation of Healthcare Organizations. This is the highest level of accreditation awarded by the Joint Commission, which is the nation's oldest and largest accrediting body.

"Receiving Accreditation with Commendation is a significant achievement, one that recognizes exemplary performance by Palms West Hospital", says Dennis S. O'Leary, M.D., President, Joint Commission. "This organization should be commended for its commitment to providing quality care to the people in the community."

PHYSICIAN SPOTLIGHT

The Pediatric Center

Since its establishment in 1987 in Wellington, The Pediatric Center has provided services to children in Palm Beach County and the western communities. Due to the growing number of patients traveling from the Belle Glade, Pahokee and Clewiston areas, we have decided to open an office in Belle Glade at the Palms West Professional Plaza.

Our Staff consists of our board certified pediatricians, Dr. Shirley A. Marineau, Dr. Susan Shamaskin, Dr. Stacey Clark and Dr. Grissel Diaz del Villegas. Recently joining us is Dr. Ali Khosravani, who is board eligible in pediatrics and will be taking his exam this year. As an added benefit, four of our physicians are bilingual in English and Spanish.

Our practice specializes solely in the care of children - from newborns to adolescents. We provide services such as well child care, including immunizations, hearing and vision testing, hemoglobin tests as well as tuberculosis screening. Because of our special training, exam rooms and instrumentation, we are able to take care of children of all ages, including children with disabilities. Also, we diagnose and treat most childhood illnesses and pay special attention to prevention. When needed, we refer to pediatric sub-specialists.

The Pediatric Center offers special services for children with chronic ear infections and monitors our asthmatic patients with the help of in-house oxygen measurements as well as spirometry. We offer in-house testing for other diseases as well. Also, we make special arrangements to provide free immunizations to patients without insurance coverage.

We invite you to visit our new office in Suite 202 and meet our doctors. We are providers for most insurances and accept Medipass and Medicaid. Office hours are Monday, Tuesday, Thursday and Friday from 9:00 am to 5:30 pm and Wednesday from 9:00 am to noon. We also offer emergency services Saturday morning in our Wellington office, located at 10111 West Forest Hill Boulevard. For more information, call our office at (561) 996-5252.

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The Sun SPORTS

B Section
November 6, 1997

Roy Goodsoon devotes
his life to the youth
.....page 3B

Pigskin Picks
.....pages 4B & 5B

Glades Day School has cancelled their
Homecoming Parade due to the
encephalitis scare. But the
Homecoming game is still scheduled for
Friday Night. Kick-off is at 7:30 p.m.

Sports Briefs.....

4th Annual Golf Tournament

Dust off those clubs. The Belle Glade Volunteer Fire Department is sponsoring its 4th Annual Golf Tournament Saturday, December 13, 1997. The Tournament is to be held at the City of Belle Glade Golf and Country Club.

Proceeds from this tournament are to be used for the purchase of children's fire safety education material. We promise not to hose anyone!

The Belle Glade Golf Course will provide the challenge and we'll provide the camaraderie. So grab your partners and join us for a day of fun.

For sponsorship and fees information, please contact Lori Crawford at (561) 996-2023. Entry forms can be picked up at the Belle Glade Fire Department.

Palm Beach County Sports Hall of Fame in 1998

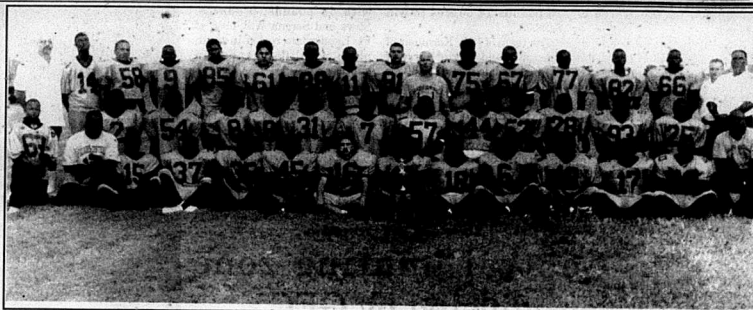
Nominations are open for persons to be considered for induction into the Palm Beach County Sports Hall of Fame in 1998.

The 22nd annual Palm Beach County Sports Hall of Fame awards dinner will be held early in 1998, according to Joe Cervello, the new president of the Hall of Fame committee. A date and site will be announced soon.

In addition to the induction ceremonies, special awards are presented annually to the Professional Athlete of the Year, Amateur Athlete of the Year and Coach of the Year.

The deadline for nominations for Hall of Fame induction is October 31 and December 31 in all other categories.

Resumes should be mailed to The Sun Newspaper, 417 N.W. 15th Street, Suite 6, Belle Glade, FL 33430 attention Jennie M. Sears.



Glades Central J.V. Raiders Champion Football Team

Glades Central J.V. Raiders take championship

By Jennie M. Sears
Staff Reporter

On October 28, the J.V. Raiders took their second trip to the finals with one goal in mind - "win" and they did it! They stomped all over Cardinal Newman at John I. Leonard field and won the championship game 52-6.

The J.V. Raiders opened the game by scoring on the first play. On a 60 yard pass, Steve Messam received the pass from quarter-back, Adrian Brown, and scored. After the pass the Raiders also got the two-point conversion.

"After the first play we never looked back again," said Head Coach Jim Reynolds. "The kids were completely focused on getting to the finals and winning the championship."

"The Dog Pound Defense did a great job all season," says Coach Reynolds. It is captained by a great field leader, Santos Rodriguez who is a Sophomore. He is also a returning player from last years team. Coach Reynolds says, "He may not be very big, but when he hits, he hits like a Mack Truck."

A trio of running backs lead the team to their victory. They were: Jativious Magraw, Robert Gibbons and

Amos Small. "Although our runners played like leaders we could not have won the game without all 35 players," said Coach Reynolds.

In the game the J.V. Raiders had three touchdowns that were called back. Coach Reynolds said, "If we would not have had three call backs the game would have gotten pretty scary."

The Raiders had 25 points in the first half and expanded on that lead in the second half of the championship game.

"I could not have done it without my coaching staff, and I thank them for a great season," said Coach Reynolds. The J.V. Raiders coaching staff consists of Head Coach Jim Reynolds; kicking - Coach Brian Frank; 9th grade - Coach Robert Hart; quarter back and receiving - Coach Pat Mackin; line back - Coach Preston Vickers; and offensive line - Coach Arthur Bynes.

"Varsity coach, Milton Watson, has given us a lot of support throughout the season and has been very complimentary," said Coach Reynolds.

This season gave the J.V. Raiders a 34 game winning streak over the last four years.

Lady Gators defeat King's Academy 15-6, 15-6

By Jennie M. Sears
Staff Reporter

Last week the Gator volleyball team made it to the District Tournament where they challenged King's Academy in a two match game.

King's Academy didn't stand a chance against Glades Day's ladies.

Alicia Schaper led the team with 13 services, six kills and two aces. The Lion's really got a ROAR out of that!

Christina Lockhart stirred things up with 10 kills and five blocks. Chrystal Brown contributed to the win with six service points, eight kills and two blocks.

Unfortunately, Lindsay Curtis suffered a sprained ankle and was not able to participate in the championship games.

Although the Gators suffer a loss against Benjamin the girls played a great game.

Alicia Schaper had seven service points, and eight kills. Crystal Brown had 5 digs and returned eight kills. Courtney Brodick had six digs and two kills.

"The girls lived up to my expectations and more," said Coach Slade. This was the first time since 1986 that the lady Gators reached the regional playoffs.

Great season Gators!

Fishing With Walt Reynolds B.A.S.S. Touring Pro



Walt Reynolds

As our temperatures moderate into the realm of fall, we will see more movement of the fish around Lake Okeechobee. This drop in air and water temperature is what triggers the impulse for the bass to move into shallower water and begin to hunt the areas that they will spawn in later this winter.

With this movement to the bays and flats comes some very good fishing, in fact this precedes one of my favorite times to fish the waters of Lake Okeechobee. It is a time when there will be a lot of big fish

caught as they feed up for the rigors ahead. Topwater lures, spinnerbaits, and plastic worms will all account for many fine trophy catches. One of my favorites baits this time of year is a 10 inch worm in June Bug color. Gambler Worms has a new 10 inch worm that is working very well.

Water temperatures have dropped into the upper 70's now and will continue to decline to near 70 degrees where it will remain most of the winter except during cold fronts. Watch for clean sandy bottoms that are near good clean grass and have good visibility in the water. These are where you will see the first bass show up that is looking for a place to spawn. Also watch for any schools of shad that the fish may be feeding on. If there is a lot of bait in the area that you are fishing then there are bass around closely.

To all a good bite...

Walt Reynolds
B.A.S.S. Touring Pro

Glades Day to face Moore Haven for District Win

By Paula Whitehead

It's a toss up for the district title this week between the Glades Day Gators and Moore Haven Terriers. Both teams are undefeated in the District.

"This is going to be a tough game this week, they're ready, and so are we," said Coach Walker.

Last year the Terriers came back in the final quarter of the game and beat Glades Day, 20-13. We fumbled at the 1 foot line with 3 minutes left in the game, and Moore Haven recovered in the end zone, which gave them the ball at the 20 yard line, then about 3 plays later they went in and scored for the win," said Gator Head Coach Pete Walker. "But we're going in, coming off of a win, which is a great way to go in," said Pete. "It is going to be a tough game, but we are going in to win," said Coach Walker.

The Gators beat Hollywood Christian last Friday night 50-7.

Mike Elliott, Senior Wide Receiver and Defensive Back

had a great game this week with a TD catch from Gator Quarterback Zach Threlkeld, a kick-off return for an 88 yard TD, and an interception," said Coach Walker.

"Two full backs that graded out at 85% were James Holman and Jimmy Dobson," they did an exceptional job this week," said Coach Walker.

"Alex Morales had 14 carries for a total of 190 yards and two TD's," said Pete. "We could not have pulled it off if the offensive line had not done such a good job, they had a great game this week," he said.

"There will not be a homecoming parade this week due to the encephalitis scare. There has been no preparation of floats, so therefore we have had no distraction this week, which is good considering the game this week is so important. "I would like to ask all Gator fans to come out in force and get loud this Friday night and help cheer the team on to a victory," said Coach Walker.

Glades Central Homecoming Parade to be held Friday

The Glades Central Community High School will be having their annual Homecoming Parade on Friday, November 7, 1997 at 3 p.m. The theme for this years event is Raiders: Past, Present and Future.

The parade will follow its normal parade route with line-up scheduled at 1:30 p.m. All entries must be in place by 2:30 p.m., on 4th street.

For more information or a parade entry form, contact Angela Russell at 993-4400. All entry forms must be submitted by Monday, November 3, 1997.

Glades Central wins once again 35-0

By Jennie M. Sears
Staff Reporter

The mighty Raiders have done it again! Last week Glades Central went up against Olympic Heights Lions and defeated them 35-0.

The Raiders defense has had an extraordinary season. Glades Central coach Milton Watson said, "Our defense is playing super right now." An 8-0 record is evidence that the Raiders had one goal in mind when ever they set foot on a football field, that is to WIN!

Co-Captain Straker led the varsity team with 14 tackles, one sack and caused a fumble. Following behind Straker was sophomore, Santonio Thomas with 12 tackles and two sacks.

Also contributing to the defeat against the Lions was Dwight Jackson, a junior defensive end for the

Raiders. He had 10 tackles, two sacks, and a fumble recovery. Jackson also scored in the first quarter on a 1-yard run set up by a fumble recovery by Willie Nelson.

Early in the fourth quarter, senior defensive back, Derrick Saunders, intercepted on a fourth-and-goal play.

Ending the game for the Raiders was senior line-backer Eric Walker who had 11 tackles and recovered a fumble which he returned for the touchdown defeating Olympic Heights Lions.

The Raiders had many star players one of which was Arthur Lee Brown, who rushed 104 yards on 13 carries. He had a touchdown running 47 yards giving the Raiders a big lead in the first half.

Pahokee Blue Devils defeat Forest Hill 27-13

By Robbie Everett

The Anquan Boldin show continued last Thursday afternoon at Forest Hill High School as junior sensation Boldin scored three touchdowns to lead the Blue Devils to a non-conference win over the Falcons.

The Blue first struck in the second quarter, when Boldin intercepted and ran back a 55 yard touchdown. James Sneed followed with a 7 yard touchdown run to give the Blue Devils a 12-0 lead.

Sneed had 68 yards rushing for the day.

The Falcons came back in the third quarter and scored twice to take a brief 13-12 lead. Boldin found a consistent receiver in senior wide receiver Javoris Wimberly.

Wimberly pulled in 4 receptions for 75 yards. Boldin completed 110 of 17 passes for 184 yards.

Coach Marx said he is happy to have found someone to hold on to the ball.

Boldin scored the final two touchdowns on 34 and 3 yard runs and a total of 134 yards rushing for the game.

The Blue Devils are preparing for district rival Cardinal Newman at 1:30 p.m. this Friday afternoon.

This game will decide the district championship and homefield advantage for the winning team.

If the encephalitis ban is lifted the game may be rescheduled for later that evening. Listen to WSWN for updates on game time.

Ghosts and Goblins Bass Tournament huge success

It was a beautiful day except when you were out on the great Lake Okeechobee and the wind is blowing at a good clip, but 266 entrants in the 14th Annual Ghosts and Goblins weathered it out.

The event raised an estimated \$5,500 for the March of Dimes.

The first place team of Charles McDavid of Clewiston and John Albritton of Ft. Pierce took home a prize of \$1,995 for a limit of eight bass weighing 17 pounds, 10 ounces.

The second place team of Mike Gouge of Okeechobee and Mike Jones of West Palm Beach had a limit weighing 16 pounds 9 ounces for a prize of \$1,330.

Third place went to the team of Buddy Liles of Clermont and

Richard Nix of Okeechobee. A limit of eight fish weighing 15 pounds 14 ounces for a prize of \$665.

Fourth place went to the team of Ray Farley and Thomas Martian of Margate. They weighed in seven bass at 15 pounds 14 ounces to win \$498.75.

The team of Rick Kornmeier of Pompano and Kevin Barry of Ft. Lauderdale won \$332.50 for seven bass weighing 15 pounds 1 ounce.

Sixth through tenth place earned \$99.75 for their efforts. These teams consisted of Harold Hause of Miami and Greg Hause of Alachua winning sixth with 14 pounds, 11 ounces.

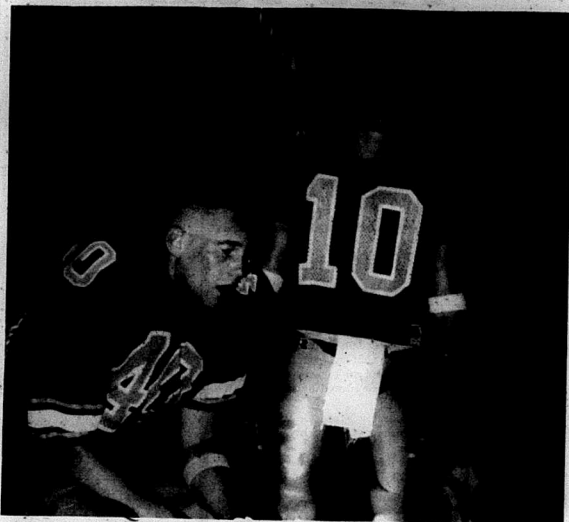
Seventh went to Pat Drawo of Port St. Lucie and Bob

Sturges of Jensen Beach with 14 pounds 9 ounces.

Eighth place went to Bob Miller and Jim Harrison of Ft. Myers with 14 pounds, 8 ounces. Scott Eitel of West Palm Beach and Bruce Spears of Royal Palm Beach took ninth with 14 pounds, 6 ounces. Steve and Serena Wilkinson of Ft. Lauderdale reeled in tenth place with 13 pounds, 15 ounces.

The big fish was caught by Todd Kersy, weighing 8 pounds, 11 ounces, and was worth \$1,000 for a day of fishing.

State: 266 participants, 65 boats weighed fish, 662.3 pounds caught, 268 fish caught, 2.47 average weight per fish, 1 dead fish, all others released.



Glades Day Gators, #40 Pablo Sanchez and #10 Zach Threlkeld take a break from the game.

South, Central hunting zone boundaries adjusted by GFC

The Florida Game and Fresh Water Fish Commission (GFC) has adjusted the boundary line that separates the south and central hunting zones. The line adjustment was made to make the boundary line less confusing and took effect on October 28.

"This adjustment should make the boundary line easier to follow across the state," said Captain Don Holway with the GFC's Division of Law Enforcement.

Previously the line, separating the south and central hunting zones, began on the east coast at SR 70 then dropped down to SR 72 in DeSoto County. Now the zone will follow SR 70 all the

way across the state.

"This may cause some confusion during the muzzleloading gun season since the change falls during that time," Mr. Holway said.

To make things easier on muzzleloader hunters, the GFC will use the boundary line and dates for the muzzleloading season that are published in the Hunting Handbook.

However, after the muzzleloading gun season, hunters should use the new boundary line when planning dates for the zone where they hunt.

If hunters have any questions, they may contact the GFC's Division of Law Enforcement, Monday through Friday at 941-648-3200.

Win a dream trip hunting for the prized Osceola turkey, help save Lake Trafford

Florida sportsmen have the opportunity to win a turkey hunting and bass fishing trip of a lifetime, and help save an endangered lake in the process.

A silent auction for the trip package is one effort by the Lake Trafford Task Force and the Wildlife Foundation of Fla., Inc. (WFF) to raise money for a projected \$7-10 million restoration of the 1,500-acre lake, 30 miles northeast of Naples in Collier County.

Frank Morello, a fisheries

biologist with the Florida Game and Fresh Water Fish Commission (GFC), is the Division of Fisheries representative on the task force. He describes the hunting-fishing trip package as a rare opportunity for sportsmen.

"The package is a community effort," Morello said. "The trip is being donated by Rex Properties, Lake Trafford Conservation Club, Lake Trafford Marina, Airboat Experience and the Seminole Indian Casino."

The prize trip includes:

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--an airboat tour of Lake Trafford and is part of the Big Cypress wilderness system.

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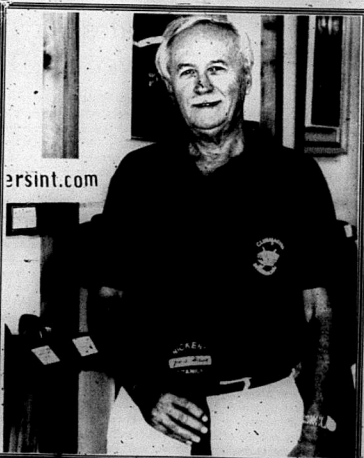
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"We hear about stories like Jack's everyday from our customers," said Kobitz. "Especially those in niche markets who do not have access to huge advertising budgets." Quik works with companies to promote the Internet allows users to research and purchase products in a very cost-effective manner.

For more information regarding the Internet or how to get your business on-line, call Quik at 776-9600 or visit their web site at www.pb.quik.com.

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November Calendar of Events

- 01 - Imports only test & tune and E.T. Bracket Race
 05 - 1/4 mile test & tune
 07 - 1/4 mile test & tune
 08 - E.T. Bracket Race
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 15 - E.T. Bracket Race
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 19-23 - **Sunoco 5-Day Bracket Championship**
 Presented by Budweiser & Drag Racing Monthly Magazine, this week long competition attracts 2,000 racer entries from 30 states along with as many as 15,000 spectators.
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Three generations of BEARS, pictured in the front #29, Ryan Goodson, waterboy, #53 A.J. Hughes, back row left, Roy Goodson, Jr. Right, Roy Goodson Sr.

Glades Central High School 1997 Junior Varsity Football Results

Clewiston High -	win	20-0
William T. Dwyer School	win	53-0
Suncoast High	win	41-0
Wellington High School	win	20-0
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* DATES TO BE ANNOUNCED

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9-12-97	** Royal Palm Beach	Win
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9-26-97	Wellington	Win
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11-14-97	** Pahokee	Home 7:30

* District Games
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Pahokee Middle/Senior High School

1997 Varsity Football Schedule

9-5-97	Wellington	Loss -
9-12-97	William T. Dwyer	Loss -
9-19-97	Suncoast	Win -
9-26-97	Jupiter	Loss - 30-34
10-3-97	Atlantic	Win
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10-17-97	OPEN	
10-24-97	**Pope John Paul	Away 7:30
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11-7-97	**Cardinal Newman	Home 7:30
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** District Games

Junior Varsity Football Schedule

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9-18-97	Jupiter	Win
9-25-97	Palm Beach Gardens	Win
10-1-97	PALM BEACH LAKES	
10-8-97	Wellington	Away 7:00
10-16-97	Glades Central	Home 7:00
10-23-97	Clewiston	Home 7:00

Roy Goodson devoted to the youth of the Glades

Roy Goodson, Sr. began his seventeenth season as a little league football coach this year. He began when his son, Roy Goodson, Jr. was 9 years-old. Roy Jr. played for three years before moving on to Junior High School football. He is now 26 years old and has assisted his father with coaching little league for six years.

Roy Goodson continued to coach even though he no longer had a family interest in the league. He continued to coach because of his love of the sport and his desire to provide the young boys in this area with the basic fundamentals of football. His primary goal has always been to teach, form and correct these boys. He has always emphasized good sportsmanship and the importance of playing correctly in order to avoid serious injuries. "Providing these young athletes with a strong foundation along with the basic fundamentals make a big difference when they move on to high school and college football programs," Mr. Goodson says. He continued to say how much he enjoys the parental support and watching all of the kids get involved with something constructive and productive. He gets a sincere sense of accomplishment when he sees each child's improvement during the game.

The 1997 season is the

first for Goodson's grandson, A.J. Hughes. He has been excited and eager to learn all he can about playing football. Goodson has another grandson, Ryan Hughes, who serves the team as waterboy. Ryan is looking forward to being able to play when he is old enough.

Roy Goodson played high school football at Pahokee High School, and Roy Goodson, Jr., along with Goodson's three other assistant coaches, played high school football at Glades Day School. The coaches have a total of 20 years varsity high school football experience under their belts. The assistant coaches also have a combined total of 8 High School State Championship games under their belts. The combination of experience and the age differences of the coaching staff, both older-middle and younger-aged, has been helpful in covering all basis.

The Bears coaching staff includes: Head Coach Roy Goodson, Assistant Coaches: Roy Goodson, Jr., Mark Allen, Paul Allen, and Dan Allen.

Goodson's Bears have been league champions in the past, and they have also finished last. Regardless of the win-loss ratio, Roy Goodson continues to volunteer and devote himself to these young boys year after year.

Today's youth are
tomorrows leaders,
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FREE! Sub or Salad with Drink

This week's winners:

1. Gil Brooker - Brooker Glass Company
 2. Pablo Sanchez - Glades Day
 3. Mercedes Robinson - "Actively Retired"
 4. Danella Bythwood - Glades Central
 5. Dennis McCarthy - Glades Gas Corp.
- Come in anytime - any day with ID
 Watch this space each week -
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P.A.L.

1997 Police Athletic League Football Schedule

November 8 at Riviera

"Pee-Wee Division"

South Bay vs Miami	2 p.m.
Pahokee vs Loxahatchee	3 p.m.
Belle Glade vs New Hope	4 p.m.

"Junior Division"

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Okeechobee Center vs Riviera	7 p.m.

November 15 at Pioneer Park

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South Bay vs Belle Glade	9 a.m.
Pahokee vs Wellington	10 a.m.
Loxahatchee vs New Hope	11 a.m.
Okeechobee Center vs Miami	12 noon

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South Bay vs Glades Glen	1 p.m.
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Glades Day School 1997 Varsity Football Schedule

9-5-97	LaBelle	Win -
9-12-97	King's Academy	Win -
9-19-97	American Heritage	Win -
9-26-97	Benjamin	Win -
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10-2-97	King's Academy	
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10-23-97	LaBelle	Away 7:00

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10-23-97	St. Edwards	Home 6 p.m.

Ghosts and Goblins Bass Tournament huge success

It was a beautiful day except when you were out on the great Lake Okeechobee and the wind is blowing at a good clip, but 296 entrants in the 14th Annual Ghosts and Goblins weathered it out.

The event raised an estimated \$5,500 for the March of Dimes.

The first place team of Charles McDavid of Clewiston and John Albritton of Ft. Pierce took home a prize of \$1,995 for a limit of eight bass weighing 17 pounds, 10 ounces.

The second place team of Mike Gouge of Okeechobee and Mike Jones of West Palm Beach had a limit weighing 16 pounds 9 ounces for a prize of \$1,330.

Third place went to the team of Buddy Liles of Clermont and

Richard Nix of Okeechobee. A limit of eight fish weighing 15 pounds 14 ounces for a prize of \$665.

Fourth place went to the team of Ray Farley and Thomas Martian of Margate. They weighed in seven bass at 15 pounds 14 ounces to win \$498.75.

The team of Rick Kornmeir of Pompano and Kevin Barry of Ft. Lauderdale won \$332.50 for seven bass weighing 15 pounds 1 ounce.

Sixth through tenth place earned \$99.75 for their efforts. These teams consisted of Harold Hause of Miami and Greg Hause of Alachua winning sixth with 14 pounds, 11 ounces.

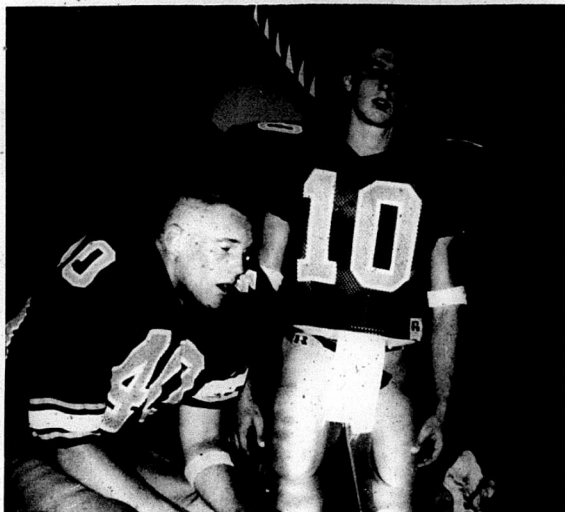
Seventh went to Pat Drawo of Port St. Lucie and Bob

Sturges of Jensen Beach with 14 pounds 9 ounces.

Eighth place went to Bob Miller and Jim Harrison of Ft. Myers with 14 pounds, 8 ounces. Scott Eitel of West Palm Beach and Bruce Spears of Royal Palm Beach took ninth with 14 pounds, 6 ounces. Steve and Serena Wilkinson of Ft. Lauderdale reeled in tenth place with 13 pounds, 15 ounces.

The big fish was caught by Todd Kersy, weighing 8 pounds, 11 ounces, and was worth \$1,000 for a day of fishing.

Stats: 266 participants, 65 boats weighed fish, 662.3 pounds caught, 268 fish caught, 2.47 average weight per fish, 1 dead fish, all others released.



Glades Day Gators, #40 Pablo Sanchez and #10 Zach Threlkeld take a break from the game.

South, Central hunting zone boundaries adjusted by GFC

The Florida Game and Fresh Water Fish Commission (GFC) has adjusted the boundary line that separates the south and central hunting zones. The line adjustment was made to make the boundary line less confusing and took effect on October 28.

"This adjustment should make the boundary line easier to follow across the state," said Captain Don Holway with the GFC's Division of Law Enforcement.

Previously the line, separating the south and central hunting zones, began on the east coast at SR 70 then dropped down to SR 72 in Desoto County. Now the zone will follow SR 70 all the

way across the state.

"This may cause some confusion during the muzzleloading gun season since the change falls during that time," Mr. Holway said.

To make things easier on muzzleloader hunters, the GFC will use the boundary line and dates for the muzzleloading season that are published in the Hunting Handbook.

However, after the muzzleloading gun season, hunters should use the new boundary line when planning dates for the zone where they hunt.

If hunters have any questions, they may contact the GFC's Division of Law Enforcement, Monday through Friday at 941-648-3200.

Win a dream trip hunting for the prized Osceola turkey, help save Lake Trafford

Florida sportsmen have the opportunity to win a turkey hunting and bass fishing trip of a lifetime, and help save an endangered lake in the process.

A silent auction for the trip package is one effort by the Lake Trafford Task Force and the Wildlife Foundation of Fla., Inc. (WFF) to raise money for a projected \$7-10 million restoration of the 1,500-acre lake, 30 miles northeast of Naples in Collier County.

Frank Morello, a fisheries

biologist with the Florida Game and Fresh Water Fish Commission (GFC), is the Division of Fisheries representative on the task force. He describes the hunting-fishing trip package as a rare opportunity for sportsmen.

"The package is a community effort," Morello said. "The trip is being donated by Rex Properties, Lake Trafford Conservation Club, Lake Trafford Marina, Airboat Experience and the Seminole Indian Casino."

The prize trip includes:

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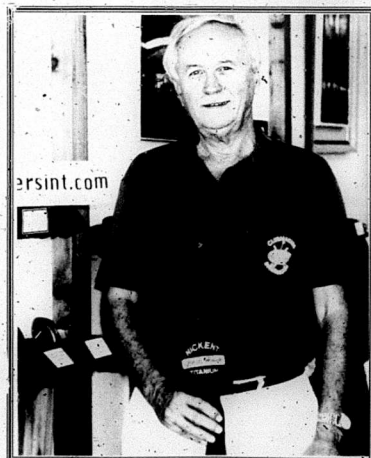
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Glades Day School

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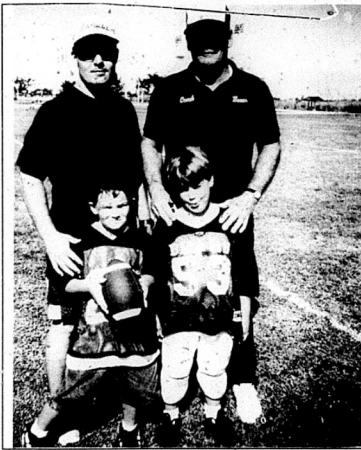
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Roy Goodson devoted to the youth of the Glades

Roy Goodson, Sr. began his seventeenth season as a little league football coach this year. He began when his son, Roy Goodson, Jr. was 9-years-old. Roy Jr. played for three years before moving on to Junior High School football. He is now 26 years old and has assisted his father with coaching little league for six years.

Roy Goodson continued to coach even though he no longer had a family interest in the league. He continued to coach because of his love of the sport and his desire to provide the young boys in this area with the basic fundamentals of football. His primary goal has always been to teach, form and correct these boys. He has always emphasized good sportsmanship and the importance of playing correctly in order to avoid serious injuries. "Providing these young athletes with a strong foundation along with the basic fundamentals make a big difference when they move on to high school and college football programs," Mr. Goodson says. He continued to say how much he enjoys the parental support and watching all of the kids get involved with something constructive and productive. He gets a sincere sense of accomplishment when he sees each child's improvement during the game.

The 1997 season is the first for Goodson's grandson, A.J. Hughes. He has been excited and eager to learn all he can about playing football. Goodson has another grandson, Ryan Hughes, who serves the team as waterboy. Ryan is looking forward to being able to play when he is old enough.

Roy Goodson played high school football at Pahokee High School, and Roy Goodson, Jr., along with Goodson's three other assistant coaches, played high school football at Glades Day School. The coaches have a total of 20 years varsity high school football experience under their belts. The assistant coaches also have a combined total of 8 High School State Championship games under their belts. The combination of experience and the age differences of the coaching staff, both older-middle and younger-aged, has been helpful in covering all bases.

The Bears coach staff includes: Head Coach Roy Goodson, Assistant Coaches: Roy Goodson, Jr., Mark Allen, Paul Allen, and Dan Allen.

Goodson's Bears, have been league champions in the past, and they have also finished last. Regardless of the win-loss ratio, Roy Goodson continues to volunteer and devote himself to these young boys year after year.

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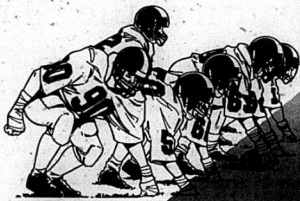
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 2. Pablo Sanchez - Glades Day
 3. Mercedes Robinson - "Actively Retired"
 4. Danella Bythwood - Glades Central
 5. Dennis McCarthy - Glades Gas Corp.
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PIGSKIN

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STANDINGS

	Last Wk.	All
•Big A	8-2	61-29
•Jim Cochran	8-2	65-25
•Toni Jennings	8-2	64-26
•Jimmy Beno	8-2	68-22
•Gary Melvin	7-3	66-24
•Clay Connell	8-2	61-29
•Robert Archer	8-2	70-20



Big "A" Vereen



Jim Cochran



Toni Jennings



Jimmy Beno



Gary Melvin



Clay Connell



Robert Archer

MATCHUPS

Glades Central vs. Forest Hill	Raiders	Raiders	Raiders	Raiders	Raiders	Raiders	Raiders
Pahokee vs. Cardinal Newman	Blue Devils	Blue Devils	Blue Devils	Blue Devils	Blue Devils	Blue Devils	Blue Devils
Glades Day vs. Moore Haven	Gators	Gators	Gators	Gators	Gators	Gators	Gators
Clewiston Tigers vs. Wauchula	Tigers	Tigers	Tigers	Tigers	Tigers	Tigers	Tigers
University of Fla. vs. Vanderbilt	Gators	Gators	Gators	Gators	Gators	Gators	Gators
Seminoles vs. North Carolina	Seminoles	Seminoles	Seminoles	Seminoles	North Carolina	Seminoles	North Carolina
Miami Hurricanes vs. Virginia Tech	Canes	Virginia Tech	Virginia Tech	Virginia Tech	Canes	Canes	Canes
Tampa Bay Bucs vs. Atlanta	Bucs	Bucs	Bucs	Bucs	Bucs	Bucs	Bucs
Jacksonville Jaguars vs. Kansas City	Jaguars	Jaguars	Jaguars	Jaguars	Jaguars	Jaguars	Kansas City
Miami Dolphins vs. New York Jets	Dolphins	New York Jets	Dolphins	Dolphins	Dolphins	Dolphins	New York Jets



Go Raiders!...The cheerleaders pose during halftime.



The big question is: Can you catch up with Robert Archer?

Jimmy Beno with J.E. Wilson was the Pigskin Predictions game for several weeks. Robert Archer with First Community Bank was the 70-20. I chose wrong this past week when the University of Florida over the Georgia Tech.

Our local teams are still doing well. Glades Central and Glades Day have home games this Friday. Glades Day has cancelled its parade due to the encephalitis alert, but is planning a parade at 3:30 p.m. on Friday. Good luck to all our players and fans!

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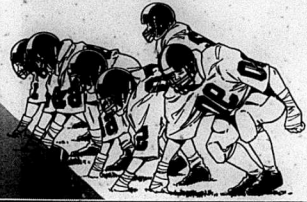
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PICKS



STANDINGS

Last Wk. All

• Mike Burkett	8-2	69-21
• Billy Rimes	8-2	66-24
• Hattie Bennett	6-4	62-28
• Vera Robinson	8-2	66-24
• Steve Stafford	6-4	63-27
• Donny Moss	8-2	64-26
• Penny Lester	8-2	62-28

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Mike Burkett

Lake Welding



Billy Rimes

Barnett Bank



Hattie Bennett

The Paint Store & More



Vera Robinson

Robbie Tire



Steve Stafford

Moss Towing



Donny Moss

The Sun



Penny Lester

MATCHUPS

Glades Central vs. Forest Hill	Raiders	Raiders	Raiders	Raiders	Raiders	Raiders	Raiders
Pahokee vs. Cardinal Newman	Blue Devils	Blue Devils	Blue Devils	Blue Devils	Card. Newman	Blue Devils	Blue Devils
Glades Day vs. Moore Haven	Gators	Gators	Gators	Gators	Moore Haven	Gators	Gators
Clewiston Tigers vs. Wauchula	Tigers	Tigers	Tigers	Tigers	Tigers	Tigers	Tigers
University of Fla. vs. Vanderbilt	Gators	Gators	Gators	Gators	Gators	Gators	Gators
Seminoles vs. North Carolina	Seminoles	Seminoles	Seminoles	Seminoles	Seminoles	Seminoles	Seminoles
Miami Hurricanes vs. Virginia Tech	Canes	Virginia Tech.	Canes	Virginia Tech	Virginia Tech	Canes	Virginia Tech
Tampa Bay Bucs vs. Atlanta	Bucs	Bucs	Bucs	Bucs	Bucs	Bucs	Bucs
Jacksonville Jaguars vs. Kansas City	Jaguars	Jaguars	Houston	Jaguars	Jaguars	Jaguars	Jaguars
Miami Dolphins vs. New York Jets	Dolphins	New York Jets	New York Jets	Dolphins	Dolphins	Dolphins	New York Jets

Can Jimmy Robert?

was our leader in this
ral weeks, but he now
Community Bank.
Many of our players
en they picked the
rgia Bulldogs and the

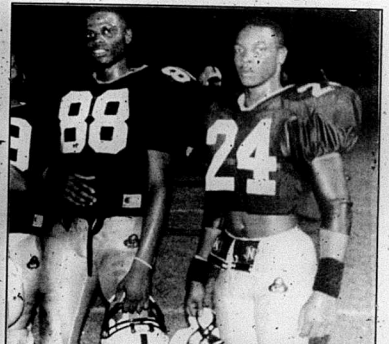
well and both Glades
iecoming games this
d their homecoming
y, but Glades Central
Friday.
d to all our local and



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The Glades Day volleyball team is excited about making it to the District games. Way to go Gators!



Glades Central Raiders, #24; D'Jaun Brown (QB) played an outstanding game by intercepting the pass. Pictured with #24 is a fellow defensive team member.

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STEVE STAFFORD
MARVIN BAIN

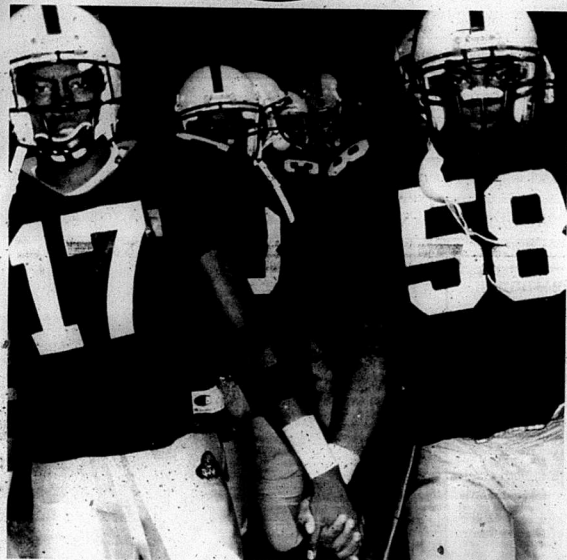
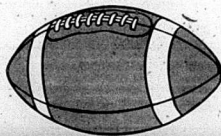
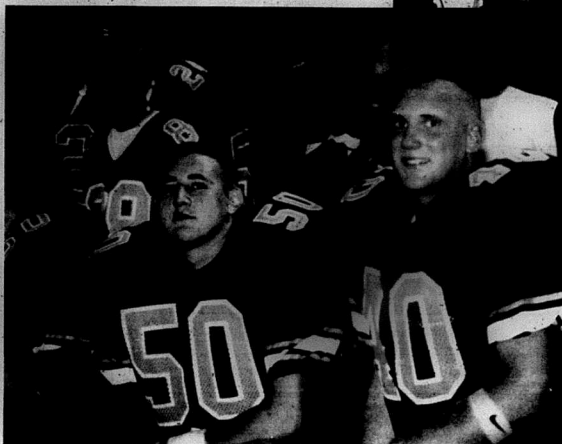
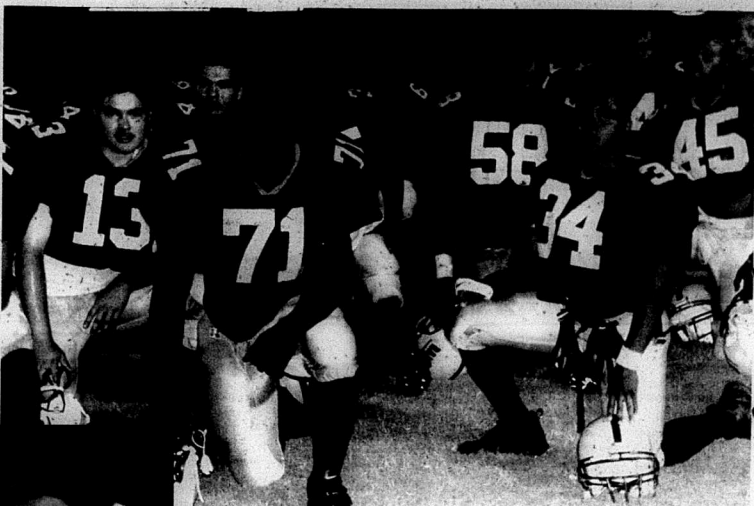
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IN THE HALLOWEEN SPIRIT...Staff members at Everglades Regional Medical Center in Pahokee go all out for Halloween each year. They not only dress up, they hold a pumpkin carving contest that brings out the artistic side of many employees. Shown seated on the floor, from left are Dorma Williams and Janet Walker. Seated from left are: George Cottrell, Loretta Henson, Sandra Slydell, Kathy Cook, Sandy Choate and Mary Jo Walker. Standing from left in the third row are: Michelle Crosby, Sherry Santos, Sandra Lamei, Brenda Stewart, Andrea Figueroa, Mimi Henson, Bob Martin, Lucy Mobley, Linda Brown and Marilee Meeler. The two standing in the far back, from left are: Debbie Norman and Jennifer Valliere.



THIS SWEET LITTLE POOH BEAR was seen on Halloween at First Union Bank. Kayla Schoenfeld is the 15-month-old daughter of Darren and Brandi Schoenfeld of Belle Glade.



HOWDY PARTNERS...Employees at First Community Bank of Palm Beach County donned western wear for their Halloween get-up on Friday, Oct. 31. Shown, from left are Ann Runkles, Melinda Baker, Teresa López, Carolyn Johnson and Shari Browder.



HOW MAY WE SERVE YOU?...Customers at Georgia's Catfish House in Pahokee were served up fun as well as food on Friday, October 31. Shown seated, from left are Heather Fettner, Elizabeth Goizales and Vickie Harrison. Middle row standing, from left are Gloria Ruiz and Kathryn Stone and kneeling are Jennifer Loflin and Wanda Hernandez. Back row, from left are Alpha Fountain, Georgia Jones and Lasonda Jones.



HAPPY HALLOWEEN AT TREEHOUSE LEARNING CENTER...Staff and children dressed for Halloween on Friday, Oct. 31. Teachers shown in the photo, from left are: Rise Minor, Maria Ramirez and Owner Brandi Lezcano.



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